

PERSONAL FITNESS TRAINER AGREEMENT FORM



REQUEST

(Note: This is only a request. You will be contacted by a trainer within the next two business days)

Client Name: _____ Email: _____

Date: _____ Phone Number: (____) _____ Availability (Time/Day) _____

Are you a returning customer? ☐ YES ☐ NO Preferred trainer gender: ☐ Male ☐ Female

Preferred trainers name: _____

Do you mind if a practicum student observes your fitness assessment? ☐ YES ☐ NO

What are your primary training goals? _____

AGREEMENT

(Note: Only fill out this section if you are purchasing a Personal Trainer package)

Please choose one of the following options:

1. 60 Minute Sessions*: ☐ 3 sessions (\$90) ☐ 9 sessions (\$252) ☐ 12 sessions (\$324)

☐ 18 sessions (\$450) ☐ 25 sessions (\$575) ☐ 30 sessions (\$660)

2. 30 Minute Sessions: ☐ 1 session (\$25) ☐ 3 sessions (\$65) ☐ 5 sessions (\$90)

3. 30 Minute "Train with a Buddy" Sessions (up to 3 people)**:

☐ 1 session (\$33) ☐ 3 sessions (\$89.25) ☐ 5 sessions (\$130)

4. 60 Minute "Train with a Buddy" Sessions (up to 3 people)**:

☐ 3 sessions (\$114) ☐ 9 sessions (\$297) ☐ 12 sessions (\$372)

☐ 18 sessions (\$504) ☐ 25 sessions (\$700) ☐ 30 sessions (\$825)

5. Additional Services ☐ Fitness Assessment (\$30) ☐ Body Composition (\$15)

*Fitness Assessment is included with all 60 minute personal training packages. Time used to complete Fitness Assessments will not count towards the 60 minute training session.

** Total price for all participants, cost can be divided.

Preferred Payment Method:

☐ Cash ☐ Credit Card ☐ Check ☐ Gift Certificate

FITNESS PACKAGE POLICIES

Refund: A refund will only be given if the client requests the refund within 30 days of the purchase date, still has the original receipt that is given at the time of purchase from the fitness office, and has not completed any sessions or the initial fitness assessment with their assigned personal trainer.

Client Responsibilities:

- All training sessions are planned at the convenience of the trainer and client
- Sessions must be paid in full prior to first session
- Training sessions will expire one year after purchase date if the client has not made alternate arrangements with the Fitness Department
- Client may request to finish any uncompleted sessions with a new trainer if the client is unsatisfied with their current trainer. Client must call (740)593-9918 to speak with the Fitness Director.
- All HIPPA protected information provided to personal trainers will remain confidential.
- Sessions begin at the time it was scheduled, not the time the client's arrival time
- If the client does not show up for a scheduled session without giving a 24 hour cancellation notice, one session will be deducted from the client's package
- I agree all information above is correct and I will be responsible for all costs incurred.

Client(s) Signature(s) _____

FA Signature _____

For office use only

Name: _____

Client Contacted:

☐ YES

☐ NO

Initials: _____

Date Received: _____