



UfYH Basic Cleaning Lists

Daily/Weekly

Daily:

- Make your bed
- Wash the dishes
- Put your clothes and shoes away
- Deal with all incoming mail
- Wipe down kitchen and bathroom counters
- Clean litterbox (if applicable)
- One or two 20/10s on an area that needs it

Weekly:

- Wash sheets
- Vacuum/mop/sweep all floors
- Wash, dry, and put away laundry
- Wipe down stovetop/oven door
- Clean toilet
- Clean shower
- Take trash out
- Wash all towels
- Put away everything on bedroom floor

*Excuses are boring.
No marathons!*