

## - Bat Sizing Charts -

Use the charts below as a general guideline for determining **Bat Length**.

### **BAT SELECTION CHART**

The right bat for you is one that lets you generate maximum bat speed. You accomplish this with a bat that's not too long or too heavy. The best way to find the "right" bat is to start with the sizing chart. Then try different size bats in that general length range. The bat that feels "comfortable" and "easy to swing" should be selected.

WEIGHT	HEIGHT									
	3'-3'4"	3'5"-3'8"	3'9"-4'	4'1"-4'4"	4'5"-4'8"	4'9"-5'	5'1"-5'4"	5'5"-5'8"	5'9"-6'	6'1"-over
Under 60 Lbs	26"	27"	28"	29"	29"					
61-70	27"	27"	28"	29"	30"	30"				
71-80		28"	28"	29"	30"	30"	31"			
81-90		28"	29"	29"	30"	30"	31"	32"		
91-100		28"	29"	30"	30"	31"	31"	32"		
101-110		29"	29"	30"	30"	31"	31"	32"		
111-120		29"	29"	30"	30"	31"	31"	32"		
121-130		29"	30"	30"	30"	31"	32"	33"	33"	
131-140		29"	30"	30"	31"	31"	32"	33"	33"	
141-150			30"	30"	31"	31"	32"	33"	33"	
151-160			30"	31"	31"	32"	32"	33"	33"	33"
161-170				31"	31"	32"	32"	33"	33"	34"
171-180						32"	33"	33"	34"	34"
over 180							33"	33"	34"	34"

  

MOST POPULAR LENGTH BY AGE						
AGE	5-7	8-9	10	11-12	13-14	15-16
LENGTH	24"-26"	26"-28"	28"-29"	30"-31"	31"-32"	32"-33"

Use the charts below as a general guideline for determining **Bat Weight**.

Little League (8-10 yrs)	
Player Height	Bat Weight
48-50"	16-17 oz.
51-54"	17-18 oz.
55-59"	18-19 oz.
60+ "	19-20 oz.

Youth League (11-12 yrs)	
Player Weight	Bat Weight
70-80 lbs.	18-19 oz.
81-100 lbs.	19-20 oz.
101-120 lbs.	20-21 oz.
121-140 lbs.	21-22 oz.
141+ lbs.	22-23 oz.

High School & College	
Player Height	Bat Weight
66-68"	27-28 oz.
69-72"	28-29 oz.
73-76"	29-30 oz.
77+ "	30-31 oz.

#### **Additional guideline:**

Grab the end of bat with your strong hand and lift the bat directly to the side, parallel to the ground. You should be able to hold it for 10 seconds without letting it drop any distance.