University of Wisconsin-Madison
Division of Recreational Sports
Position Description

Working Title: Fitness Consultant

Operation: Serf, Nat, and Shell

Pay Rate: starting $7.85 per hour

Range of Possible Scheduled Hours: Sunday –Thursday 6:00am-12:00am
Friday and Saturday 6:00am-10:00pm

Average Time Commitment: At least one semester of service and hours vary

Minimum Qualifications Needed:

- Experience and knowledge of fitness equipment
- Highly self motivated
- Enjoys working with people

Additional Knowledge, Skill, and Abilities We Look For:

- Current CPR for the professional rescuer and AED certification is preferred.
- Past experience or education (P.E. Class) in weight training or other exercise formats
- Job experience in a health club, YMCA, or Rec Centers
- Strong Social Skills

General Responsibilities:
The Fitness Consultant reports to the fitness management staff and shall have the primary responsibilities of supervision and cleaning of fitness activity areas. The preferred candidate must also be able and willing to attend all mandatory staff training sessions throughout the year.

Specific Duties:

1. Responsible for supervising the fitness activity areas (weight rooms, fitness training rooms, and cardiovascular rooms) during working hours.
2. Responsible for attending scheduled staff meetings.
3. Responsible for specific cleaning duties of the following areas: weight rooms, fitness training rooms, and cardiovascular rooms
4. Responsible for assisting members with questions on basic exercises and general information.
5. Responsible for promoting safe practices in fitness areas which includes use of collars and spotting.
6. Responsible for strict enforcement of all facility policies and procedures.
7. Responsible for all other duties as assigned by supervisor.

For more information, please contact Ellen Dixon, Fitness Coordinator, at 265-9974 or ellendixon@recsports.wisc.edu.