

## Daily Schedule

*This is a basic framework for a daily schedule that would cover a multi-age grouping. All time are approximates*

### **Infants and Toddlers**

8:00 – 9:00 AM	Children arrive. Some children may need breakfast. After breakfast, infants are changed and put down to nap. Young and old Toddlers select own activities/experiences. As infants wake up they are brought in to join the group activity.
9:30	Morning snack
10:00	Infants and toddlers gathered to sing songs, dance to music and story time. Get ready to go outside: use the toilet, wash hands, change diapers and so on.
10:15	Outdoor play and/or perhaps a walk.
11:00	Story time and get ready for lunch
11:15	Family-style lunch is a time for conversations. After lunch, older children help put food away and clean up. Hands are washed, diapers are changed.
12:00	Everyone (except, perhaps, for a baby who just woke up) has a rest period. Older toddlers rest quietly on their cots if unable to sleep (i.e., looking at a book). As children wake up, diapers are changed, hands are washed, and hair is combed.
2:00	Children have a snack together. Teacher gives choices for the afternoon activities/experiences. Indoor and outdoor play for all children
3:00	Dismissal

### **Preschool**

8:00	Arrival (wash hands upon arrival)
8:45	Group
9:00	Free play, centers open for children's choice, open snack
10:30	Clean-up transition to group
10:45	Second Group playground transition to outdoor play
11:00	Outdoor play
12:00	Lunch
12:30	Prepare for nap: bathroom, wash hands, cot set up, story
1:00	Nap/rest time
2:00	Wake up/snack
2:30	Afternoon group/ free choice (possible outdoor time)
3:00	Dismissal