



Newborn Shopping List

Timeframe: About 5 weeks before due date.

RECOMMENDED STORES

NATIONWIDE

- Babies R US
- Target
- Land of Nod
- Pottery Barn Kids

CHICAGO

- Right Start
- Galt Baby
- Giggle

NEW YORK

- Buy Buy Baby
- Giggle

LOS ANGELES

- Right Start

GEAR

- ☐ Mobile for crib
 - ☐ Car Seat (check installation at police station, firehouse or your hospital)
- SMRT Suggestion: Graco Snugride (newborn-8 months), Britax Roundabout (not needed until 6-8 months)
- Strollers:
- ☐ Immediate: Snap N Go or similar
 - ☐ Umbrella Stroller (lightweight and folds easily to keep in your trunk)
 - ☐ Urban Stroller (more durable)
- SMRT Suggestion: Bugaboo or City Mini
- ☐ Car seat adapter
 - ☐ Stroller or car seat insulation
- SMRT Suggestion: JJ Cole Bundle Me or 7am Enfante for winter babies
- ☐ Activity Mat
 - ☐ Baby Seat (3 Months)
- SMRT Suggestion: Bumby or Prince Lionheart BebePod Plus
- ☐ Evenflo ExerSaucer
 - ☐ Diaper Bag for caregiver (see SMRT's Diaper Bag List)
 - ☐ Infant Carrier

FURNITURE

- ☐ Crib or Co-Sleeper
- ☐ Changing Table with changing pad & linen
- ☐ Clothes hamper
- ☐ Rocker, Glider or Chair for feedings & readings
- ☐ High Chair (not needed until 4-6 months)
- ☐ Swing
- ☐ Bouncy Seat

NOTES:



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SLEEP TIME

- ☐ Crib sheet
- ☐ Breathable bumpers
- ☐ Mattress and waterproof mattress cover
- ☐ Audio
- ☐ iPod
- ☐ Lullaby CD
- ☐ Sleep Machine
- ☐ Blanket for swaddling
- ☐ SleepSack
- ☐ Baby Monitor
- ☐ Pacifier

DIAPERING

- ☐ Diapers
SMRT Suggestion: Pampers Swaddlers Sensitive
- ☐ Wipes (disposable)
- ☐ Wipe Warmer
- ☐ Diaper Pail
- Ointments:
 - ☐ Vaseline with no perfumes
 - ☐ A&D with zinc
 - ☐ A&D without zinc (for circumcised penis healing)
 - ☐ Desitin with 40% zinc oxide
 - ☐ Aquaphor
 - ☐ Triple Paste
- ☐ Changing table pads (for accidents)

BATH & SKIN CARE

- ☐ Baby bath tub
SMRT Suggestion: Especially for Baby Sponge (for first month),
First Years Comfort Deluxe (newborn to toddler)
- ☐ Bath Soap & Shampoo
- ☐ Lotion
SMRT Suggestion: CeraVe
- ☐ Towels with hood
- ☐ Hair brush and comb
- ☐ Baby oil (baby's scalp and massage)

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FEEDING

- ☐ Bottles

SMRT Suggestion: Dr. Brown's BPA free

- ☐ Bottle drying rack

- ☐ Bottle brush

- ☐ Formula

- ☐ Burp Cloths

If Breast feeding:

- ☐ Nursing Pillow

SMRT Suggestion: My Brest Friend

- ☐ Medela Freestyle Pump

- ☐ Nursing pads

- ☐ Lanolin or Lansinoh (nipple cream)

- ☐ Hooter Hider/Bebe Au Lait

HEALTH & SAFETY

- ☐ 3x3 gauze pads (for circumcised penis)

- ☐ Infant Acetaminophen

- ☐ Infant Motrin (older than 6 months)

- ☐ Pedialyte

- ☐ Mylicon drops (for gas)

- ☐ Gripe water for fussy tummy

- ☐ "Little Noses" – nose drops for cold

- ☐ Nose sucker

- ☐ Rectal thermometer

- ☐ Baby Nail clippers and nail file

- ☐ BIG maxi pads (vaginal delivery)

- ☐ Sitz bath (vaginal delivery)

- ☐ Baking soda for sitz baths (vaginal delivery – sit in warm water 15 minutes)

- ☐ Hand sanitizer for adults and children

- ☐ Antibacterial wipes

- ☐ Humidifier

CLOTHING

- ☐ Stain remover

- ☐ Laundry detergent that is dye-free

- ☐ Children's hangers

- ☐ Onesies and more onesies!

- ☐ Layette

- ☐ Going home outfit

- ☐ Fleece onesie (for winter babies)

- ☐ Hats

NOTES: