



Weekly Chore Checklist : Part 1

Alternate the cleaning of public and private areas, keeping a more doable cleaning schedule for yourself and your family.

Entryway

- ☐ Shake out doormat
- ☐ Sweep
- ☐ Mop

Living Room

- ☐ Recycle old newspaper/magazines
- ☐ Dust mantle
- ☐ Dust furniture
- ☐ Dust picture frames, ceiling fan, lamps, lamp shades and window treatments
- ☐ Polish furniture
- ☐ Sweep fireplace
- ☐ Vacuum floor
- ☐ Vacuum under sofa
- ☐ Vacuum beneath sofa cushions

Kitchen

- ☐ Clean cook top
- ☐ Clean inside of microwave
- ☐ Clean inside fridge
- ☐ Clean sink
- ☐ Disinfect fridge handle, microwave handle, other doorknobs in house and phones
- ☐ Edit old/expired fridge and pantry contents
- ☐ Sweep and mop floor
- ☐ Launder kitchen towels and potholders

Create

- ☐ Dinner menus for the week
- ☐ Grocery list