

Sample Résumé: Physical Education (B.S.Ed.)

KERRY C. SMITH

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OBJECTIVE

A position teaching physical and health education at the secondary level; willing to coach football.

EDUCATION

B.S.Ed., Physical Education, Northern Illinois University, DeKalb, IL, May 20XX

Licensure: IL Professional Educator License; **Endorsements:** Physical Education K-12, Health Education 6-12

SPECIAL SKILLS

Technology: Website Design, LiveText, Tri-Fit Program, Heart Rate Monitors & Pedometers

Safety Certifications: Red Cross CPR and First Aid

STUDENT TEACHING

Rolling Meadows High School, Rolling Meadows, IL, October - December 20XX

- Developed fitness-based strength and cardiovascular training curriculum for 20-45 ninth to twelfth graders.
- Assembled computer data on students' fitness levels and created individual workout programs.
- Introduced in-season, sports-specific training exercises for each student.
- Designed units and lesson plans for sex education, substance abuse prevention, and nutrition.

Patton Elementary School, Arlington Heights, IL, August - October 20XX

- Constructed daily lesson plans for classes of 25-27 kindergarten to fifth-grade students.
- Taught units on rock-climbing, non-traditional games, team-building, soccer, volleyball, and dance.
- Composed units on spatial awareness, effort, relationships, and a pilot program on body-image awareness.
- Planned activities, with Flexible Delivery of Services (FLEX), for students with special needs.

CLINICAL EXPERIENCE

DeKalb High School, DeKalb, IL, Spring 20XX

- Organized units and daily lesson plans on fitness, floor-hockey, and pickle-ball for 35 ninth-graders.
- Utilized checklists, rating scales, and rubrics in assessing student grades.

Lorado Taft Field Campus, Northern Illinois University, Oregon, IL, Spring 20XX

- Prepared three full days of outdoor education classes for 15 multicultural fifth-grade students.
- Demonstrated group initiatives, crafts, orienteering and pioneering activities.

Special Physical Education Clinic, Northern Illinois University, DeKalb, IL, Fall 20XX

- Directed weekly lessons on gross motor movement and aquatic activities for a 5 year old boy with ADHD.

Developmental Sport Skill Laboratory, Northern Illinois University, DeKalb, IL, Fall 20XX

- Enhanced skills in baseball, basketball, soccer, and volleyball using drills and games.
- Conducted a research project on basketball skills for students ages 7-10.

COACHING EXPERIENCE

Sophomore Line Coach, Rolling Meadows High School, Rolling Meadows, IL, August - November 20XX

- Created defensive and offensive line drills for 30 players.
- Produced, from film, a statistical breakdown on opposing teams.

RELATED EXPERIENCE

Day Care Teacher, The Growing Place, DeKalb, IL, April - August 20XX

ORGANIZATIONS/AWARDS

Professional

Illinois Association for Health, Physical Education, Recreation and Dance

American Alliance for Health, Physical Education, Recreation and Dance

University

Student of Excellence in Physical Education, Fall 20XX