



# allyou

## WEEKLY SHOPPING LIST



### Thanksgiving shopping list

#### POULTRY

- ☐ 1 14- to 16-lb. turkey

#### FRUITS AND VEGETABLES

- ☐ 4 firm apples (such as Rome or McIntosh)
- ☐ 24 oz. fresh or frozen cranberries
- ☐ 2 lemons
- ☐ 4 oranges
- ☐ 5 pears
- ☐ 1 cup pomegranate seeds
- ☐ 6 cups baby arugula
- ☐ 3 ribs celery
- ☐ 1 lb. assorted mushrooms (such as cremini, shiitake and oyster)
- ☐ 6 large onions
- ☐ 2 lb. russet potatoes
- ☐ 2 lb. sweet potatoes
- ☐ ¼ cup thinly sliced scallions
- ☐ 1 shallot
- ☐ 1 head garlic plus 1 clove
- ☐ 1 2-inch piece fresh ginger
- ☐ 1 Tbsp. chopped fresh parsley plus 1 large sprig
- ☐ 3 Tbsp. chopped fresh sage plus 1 large sprig
- ☐ 2 Tbsp. plus 2 tsp. chopped fresh thyme plus 1 large sprig

#### DAIRY

- ☐ 1½ cups half-and-half
- ☐ 8 oz. cream cheese
- ☐ 1½ cups grated Gruyère
- ☐ 23 Tbsp. unsalted butter

#### OTHER

- ☐ 4½ cups apple cider
- ☐ 4 cups apple juice
- ☐ 1 cinnamon stick
- ☐ ⅛ tsp. ground cloves
- ☐ 4 whole cloves
- ☐ 1 tsp. cumin
- ☐ ¼ cup mango chutney
- ☐ ½ cup plus ⅓ cup maple syrup
- ☐ ½ cup sliced almonds
- ☐ 1 cup dried cranberries
- ☐ 2 cups shelled pecan halves
- ☐ ⅓ cup raw hulled pumpkin seeds
- ☐ 2 apple-spice tea bags
- ☐ 3 black-tea bags
- ☐ 8 cups low-sodium chicken broth
- ☐ 6 cups ½-inch cubes white country-style bread (about 12 oz.)
- ☐ ¾ cup old-fashioned oats (not instant)
- ☐ 1 cup wild rice

**You also will need these items from your pantry:** all-purpose flour, cayenne, chili powder, cinnamon, cornstarch, Dijon mustard, ground ginger, honey, light brown sugar, nutmeg, olive oil, paprika, pepper, salt, sugar