

Center For Academic Success Weekly Planning Calendar 12-24

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-6 am							
6-7 am							
7-8 am							
8-9 am							
9-10 am							
10-11 am							
11 a-12 p							
12-1 pm							
1-2 pm							
2-3 pm							
3-4 pm							
4-5 pm							
5-6 pm							
6-7 pm							
7-8 pm							
8-9 pm							
9-10 pm							
10-11 pm							
11 p-12 a							
12-1 am							
1-2 am							
2-3 am							
3-4 am							
4-5 am							



Weekly Planning Calendar

Make it simple. Once you get more experienced you can improve and expand your planning calendar.

Getting started:

1. Fill in the times of your classes, work, and personal activities (e.g. favorite TV program, meeting with friends or family).
2. Find at least one hour of study time for every hour you are in class. Two hours would be better but start with one.
3. Make sure you leave “blank” spaces for things, social, work, or school, that may come up unexpectedly.
4. If you decide not to study for one of the hours you have scheduled, that is OK as long as you reschedule it for later in the week.

When you are ready to expand and improve your weekly planning, read the attached list entitled “You’ve Got The Time.” This offers great ideas for improving your planning skills.