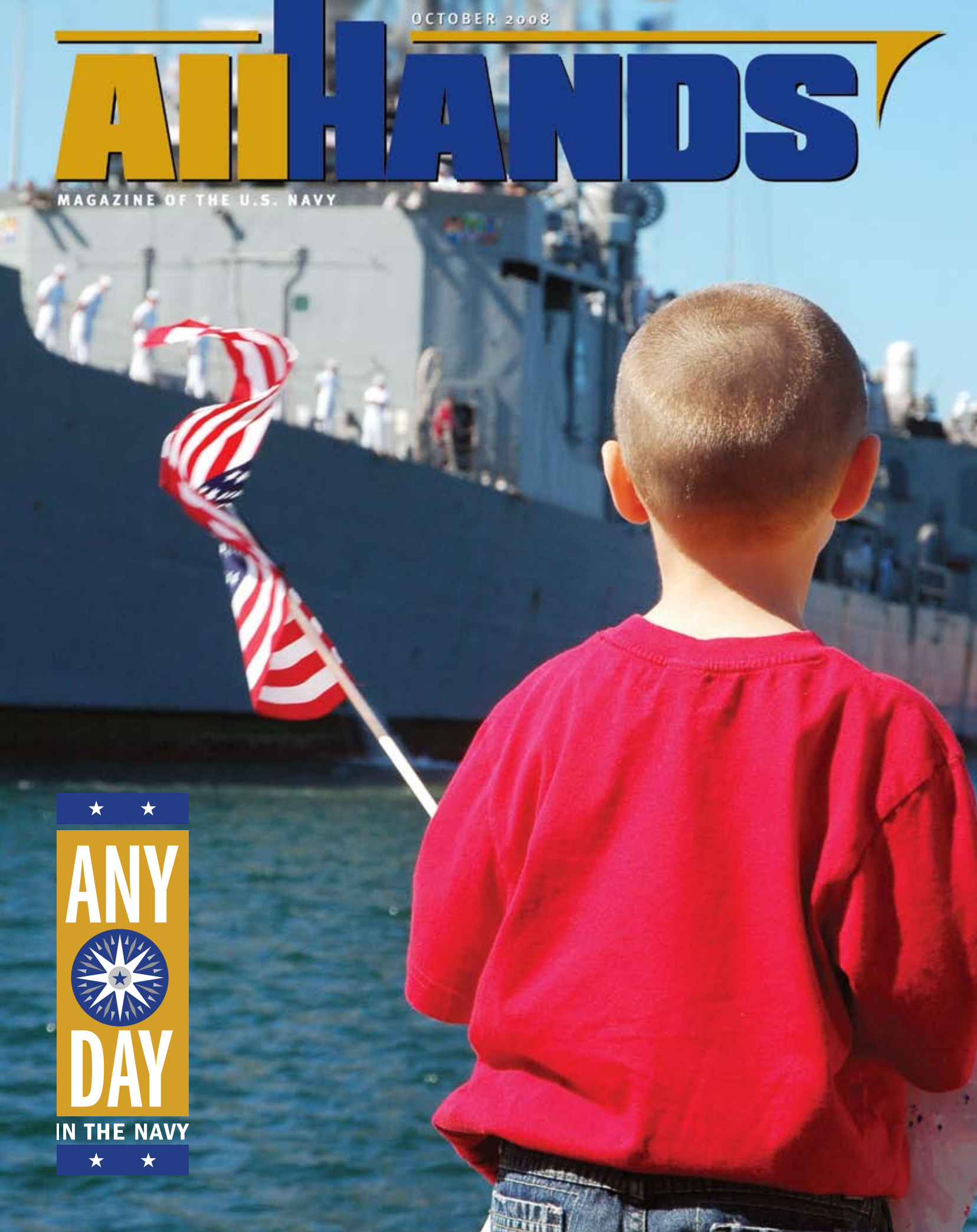


OCTOBER 2008

All HANDS

MAGAZINE OF THE U.S. NAVY



ANY



DAY

IN THE NAVY





Every year *All Hands* magazine's October edition photographically highlights the incredible efforts of Sailors deployed around the globe. This year's Any Day in the Navy showcases how Sailors are enabling the Maritime Strategy in every theater.

Whether in the Pacific, the Middle East or Central America, the United States Navy, in conjunction with the U.S. Marine Corps and U.S. Coast Guard, is implementing the long-standing core capabilities of maritime power:

- Forward Presence
- Deterrence
- Sea Control
- Power Projection
- Maritime Security
- Humanitarian Assistance and Disaster Response

For 233 years, the Sailors have conducted these types of missions to ensure security, stability and unparalleled sea power. This year marks the 100th anniversary of the Great White Fleet, which was an unprecedented initiative at the time that helped build global partnerships and enhance security, not just on our own shores but around the world.

The 2008 Any Day in the Navy edition of *All Hands* allows us a chance to reflect on our accomplished past and focus on our exciting future.

Thank you to every Sailor in every theatre – those afloat, ashore and as boots on the ground. You made this issue of *All Hands* possible, and you breathe life into the Maritime Strategy. You make our Navy the greatest in the world, and the *All Hands* staff dedicates this birthday edition to you.



◀ **Deck department Sailors** assigned to USS *Blue Ridge* (LCC 19) take out three shots of the starboard side anchor chain to perform maintenance on the swivel shot and detachable links during the ship's Board of inspection and survey

Photo by MC2 Peter D. Lawlor

[On the Front Cover]

A young boy waves the flag in anticipation as USS *Gary* (FFG 51) pulls into port. *Gary* returned to San Diego after spending eight years forward deployed in Yokosuka, Japan.

Photo by MC3 Chelsea Kennedy

[On the Back Cover]

Sailors aboard USS *Abraham Lincoln* (CVN 72) assemble on the flight deck during a captain's call with Commanding Officer Capt. Patrick Hall prior to the ship's arrival at Naval Air Station (NAS) North Island, Calif. *Lincoln* moored at NAS North Island to unload personnel and equipment from Carrier Air Wing (CVW) 2 following a successful composite training unit exercise.

Photo by MC3 James R. Evans



▲ **ND1 Julius McManus**, assigned to Mobile Diving Salvage Unit (MDSU) 1, plants an American flag on the site where an American World War II military aircraft crashed into the Pacific Ocean.

Photo by MC2 Christopher Perez



▲ **Seabees assigned to Naval Mobile Construction Battalion 5** row for the Navy's dragon boat team during an annual competition in Naha City, Okinawa, Japan. The Navy men's and women's teams took first place over the Army, Air Force and Marine Corps for the second consecutive year.

Photo by MC2 Rex H. Nelson



USS Blue Ridge (LCC 19) steams within sight of Mt. Fuji on her final stop to Shimizu, Japan, ending a six-week Spring Swing tour.

Photo by MC3 Heidi McCormick



▲ **Commanding Officer Provincial Reconstruction Team Khost, U.S. Navy Cmdr. David Adams** and the Governor of Afghanistan's Khost province, Arsala Jamal, cut the ribbon before laying the cornerstone for Freedom High School in Musa Khel.

Photo by Ensign Christopher Weis

Operating forward
enables familiarity with
the environment...
enhances security.

FORWARD PRESENCE



Preventing wars is as important as winning wars decisively.

► ABH3 Jerell Hurdle directs an F/A-18F *Super Hornet* to a catapult during flight operations aboard USS *Nimitz* (CVN 68).
Photo by MC2 Jake Berenguer



▲ Lt. Megan Rieman, embarked aboard USS *Boxer* (LHD 4), gives a Salvadoran girl an eye exam at the Canton la Sunza School, Acajutla, El Salvador, during a *Continuing Promise* (CP) 2008 community relations project. *Boxer* deployed supporting the Pacific phase of CP, an equal-partnership mission between the United States, Guatemala, El Salvador and Peru.
Photo by MC3 Porter Anderson

► Locals welcome Secretary of the Navy, the Honorable Dr. Donald C. Winter with a tribal dance during his tour of Sassamunga, Solomon Islands.
Photo by MCC (AW) Shawn P. Eklund



▲ USS *Philadelphia* (SSN 690) Chief of the Boat Master MMCM Manny Meneses checks the aft end of the ship as *Philadelphia* pulls into Submarine Base New London, Conn.
Photo by John Narewski



◀ MC3 Tyler Jones walks through the engine room of USNS *Comfort* (T-AH 20) while preparing for his board to earn his enlisted surface warfare specialist qualification pin. *Comfort* completed a four-month humanitarian deployment to Latin America and the Caribbean providing medical treatment to patients in a dozen countries.
Photo by MC2 Steven King



▲ **USS Kitty Hawk (CV 63)** departs Yokosuka, Japan, for the last time. *Kitty Hawk*, the oldest ship in the U.S. Navy and the only conventional-powered aircraft carrier, will be replaced by *USS George Washington (CVN 73)*.

U.S. Navy photo



► **Air department Sailors** push soapy brooms across the flight deck of *USS Harry S. Truman (CVN 75)* during an evening scrub exercise.

Photo by MC3 Patrick Grieco

Sailors foster and sustain cooperative relationships with international partners.



▲ **EO2 Gregory Sims**, stationed with **Naval Mobile Construction Battalion (NMCB) 1**, acts as a ground guide as a crane moves into position near Ramadi, Iraq. NMCB-1 is supporting critical construction efforts in the Al Anbar Province of Iraq.

Photo by MC2 Ja'lon A. Rhinehart



▲ **ITC Candy Shire** is greeted by a group of children near a local clinic in Rawah, Iraq.

Photo by MC2 Eli J. Medellin



▲ **IT3 Thania Cuevas**, assigned to **USNS Mercy (T-AH 19)**, shares music on her iPod with Filipino children at a medical civil action program site at the Central Pilot School Cotabato City, Republic of the Philippines, during *Pacific Partnership 2008*.

Photo by MC3 Joshua Valcarcel





▲ **SW3 Mandy Lewis (foreground) and EO2 Casey Rider (right)**, assigned to Naval Mobile Construction Battalion 74, Combined Joint Task Force-Horn of Africa, steadies a drill pipe that is being hoisted as the team assembles a well drilling rig during site setup at Shabaha village, Garissa, Kenya. The Seabees drilled at three locations throughout Garissa.

Photo by Air Force Tech. Sgt. Jeremy T. Lock

Effective Theater Security Cooperation activities are a form of extended deterrence ...



▶ **Petty Officer 2nd Class David Crabb**, assigned to Navy Embedded Training Team 3-205th Garrison, in Lashkar Gah, Afghanistan, throws a hand grenade during weapons familiarization training. Crabb is part of a 14-man team that mentors the Afghan National Army Shorbak garrison in Helmand Province.

Photo by MC1 David M. Votroubek

▼ **TM3 Garrity Johnson stands** lookout aboard *USS Henry M. Jackson* (SSBN 730) as she pulls out of Pearl Harbor.

Photo by ST2 Will Blackshear



DETERRENCE





▲ **Landing Craft Air Cushion 65** of Assault Craft Unit (ACU) 5, Det. B., hits the beach at Kuwait Naval Base during a backload of Marines assigned to the 13th Marine Expeditionary Unit. ACU-5 is assigned to amphibious assault ship *USS Bonhomme Richard* (LHD 6).

Photo by MC2 Jacob L. Hollingsworth

► **EMSN Nastasia** Andreanoff operates a 2-inch fire hose during repair locker training on the flight deck of *USS O' Kane* (DDG 77).

Photo by MC2 Joseph R. Vincent



▲ A Seabee with Naval Mobile Construction Battalion 7 negotiates a mud-filled trench during jungle warfare training.

Photo by MC2 Paul D. Williams

Maritime Security Operations help set the conditions for security in the maritime environment, which promotes stability and global prosperity.



An SH-60F *Seahawk* assigned to Helicopter Squadron 3 performs plane guard as the sun sets above USS *Theodore Roosevelt* (CVN 71).

Photo by MC2 Nathan Laird



▲ USS *Albany* (SSN 753), arrived in Souda Bay, Crete, for a routine port visit during a scheduled six-month deployment.

Photo by Paul Farley



◀ AO2 Daniel Sferra attached to Strike Fighter Squadron 11 inspects a laser-guided missile during flight operations on the flight deck aboard USS *Harry S. Truman* (CVN 75).

Photo by MC3 Ricardo J. Reyes

U.S. seapower is globally postured to secure our homeland and citizens from direct attack and to advance our interests around the world.



The ability to operate freely at sea is one of the most important enablers of operations...



▲ **USS Constitution** crew members practice setting and furling the ship's main topsail in preparation for the chief petty officer selectee events held aboard every year during the last two weeks of August at Charlestown Navy Yard, Boston.

Photo by IS2 Jack Shrader



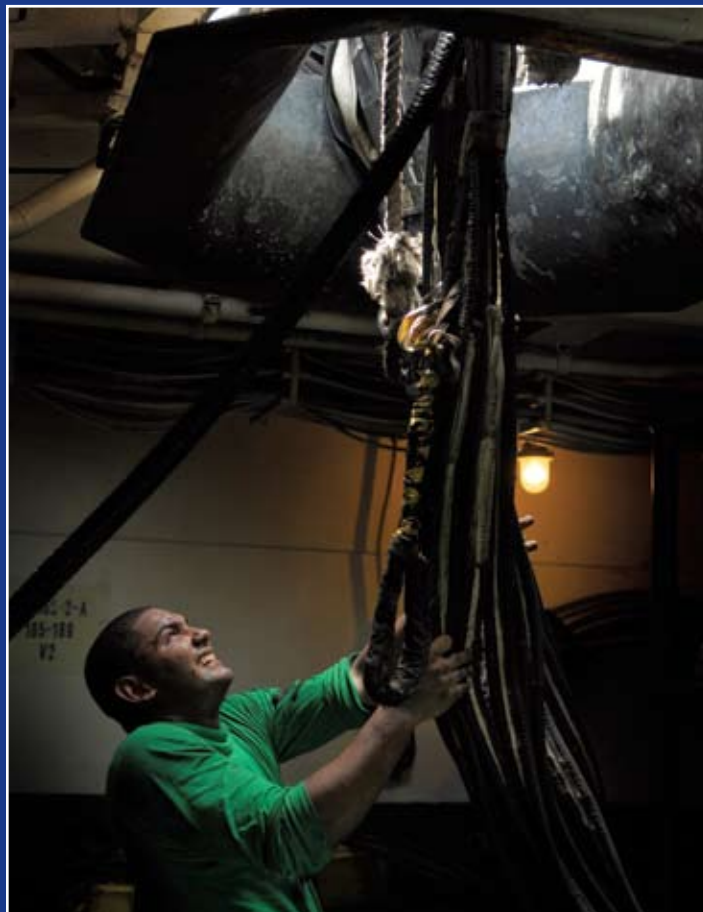
▲ **A Special Operations Craft-Riverine (SOC-R)** performs a crash-back maneuver during training along the Salt River in northern Kentucky, near Ft. Knox. Special Warfare Combatant-craft Crewmen attached to Special Boat Team (SBT) 22 based in Stennis, Miss., use the SOC-R, a craft designed for the clandestine insertion and extraction of U.S. Navy SEALs and other special operations forces along shallow waterways and open water environments.

Photo by MC2 Jayme Pastoric



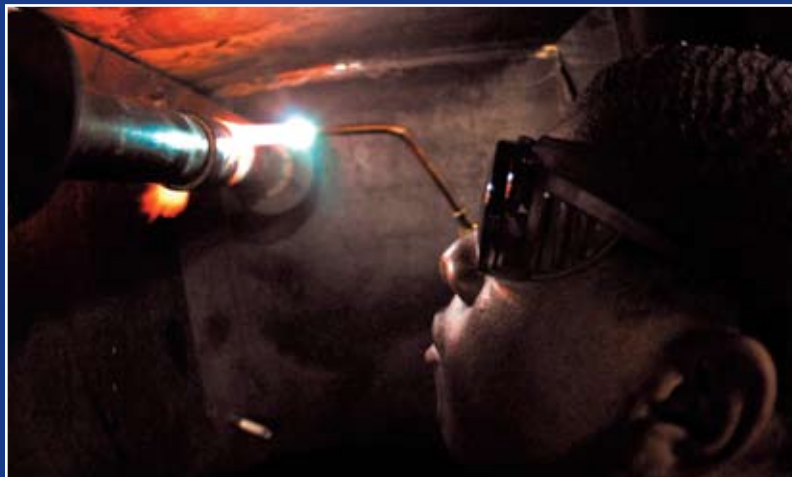
Cmdr. Ed Mayer IV (far right) commanding officer of **USS Oklahoma City** (SSN 723) prepares his submarine for a deployment as she departs Norfolk. *Oklahoma City* participated in operations supporting national security and contributing directly to the Maritime Strategy.

Photo by EM2 Xander Gamble



▲ **ABE3 Fabio Perez** stows emergency barricades after flight deck drills aboard *USS Abraham Lincoln* (CVN 72).

Photo by MC2 James R. Evans



▲ **HT2 William Clark** performs a braze qualification test in the machine shop of *USS Nimitz* (CVN 68).

Photo by MC3 Joseph Pol Sebastian Gocong



▲ **Sailors assigned to the visit, board, search and seizure team** aboard *USS John S. McCain* (DDG 56) approach the ship in a rigid-hull, inflatable boat during a training evolution.

Photo by MC2 Byron C. Linder

Seapower protects our way
of life and promotes security,
stability and trust.



▲ **USS Carl Vinson** (CVN 70) damage controlmen shield their faces as water erupts through their marlin wrapping in the pipe patching event during the Damage Control Olympics held at the Navy's Farrier Fire Fighting School, Norfolk.

Photo by MC2 Kristopher S. Wilson



▲ Sailors assigned to *USS Abraham Lincoln* (CVN 72) deck department pull in mooring lines as the ship deploys to participate in training exercises off the California coast.

Photo by MCSN Brandon C. Wilson



▲ Sailors assigned to deck department aboard *USS Essex* (LHD 2) paint the hull of the ship during a selective restrictive availability maintenance period.

Photo by MC2 Frank Andrews

► DCC Johnny Harvy instructs a Sailor during a general quarters drill aboard *USS Howard* (DDG 83) during a Joint Task Force Exercise.

Photo by MC3 Benjamin Brossard



The U.S. Navy will act across the full range of military operations to secure the United States from direct attack.



▲ A plane captain assigned to Strike Fighter Squadron 137 goes through pre-flight checks with the pilot of an F/A-18E *Super Hornet* aboard USS *Abraham Lincoln* (CVN 72).

Photo by MC2 James R. Evans



▲ AB3 Bryan Oliveria takes a JP-5 fuel sample aboard USS *Nimitz* (CVN 68) during a replenishment at sea with USNS *Rainier* (T-AOE 7).

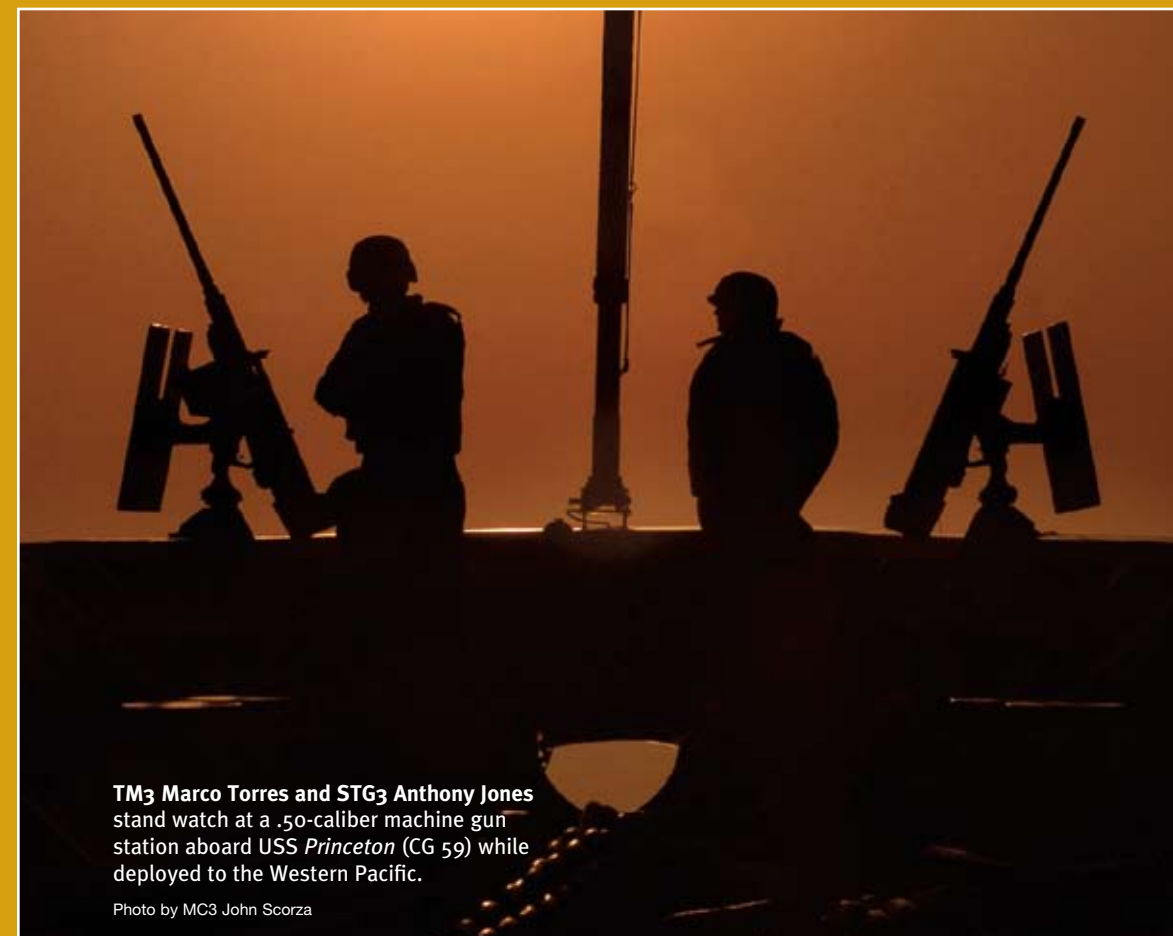
Photo by MCSN Sarah E. Bitter

Power projection and sustained power ashore is the basis of our combat credibility.



▲ Explosive Ordnance Disposal Mobile Unit 2 Sailors perform a static line jump with a combat rubber raiding craft from a C-130 *Hercules*.

Photo by MC2 Christopher Stephens



TM3 Marco Torres and STG3 Anthony Jones stand watch at a .50-caliber machine gun station aboard USS *Princeton* (CG 59) while deployed to the Western Pacific.

Photo by MC3 John Scorza



▲ Sailors watch flares light up the sky during a Navy-style fireworks display on the flight deck of *USS Ronald Reagan* (CVN 76). The ship held a surface power demonstration for the crew in honor of the Fourth of July holiday. Other festivities for Independence Day included a steel beach picnic and a root beer float social.

Photo by MC2 Jennifer S. Kimball

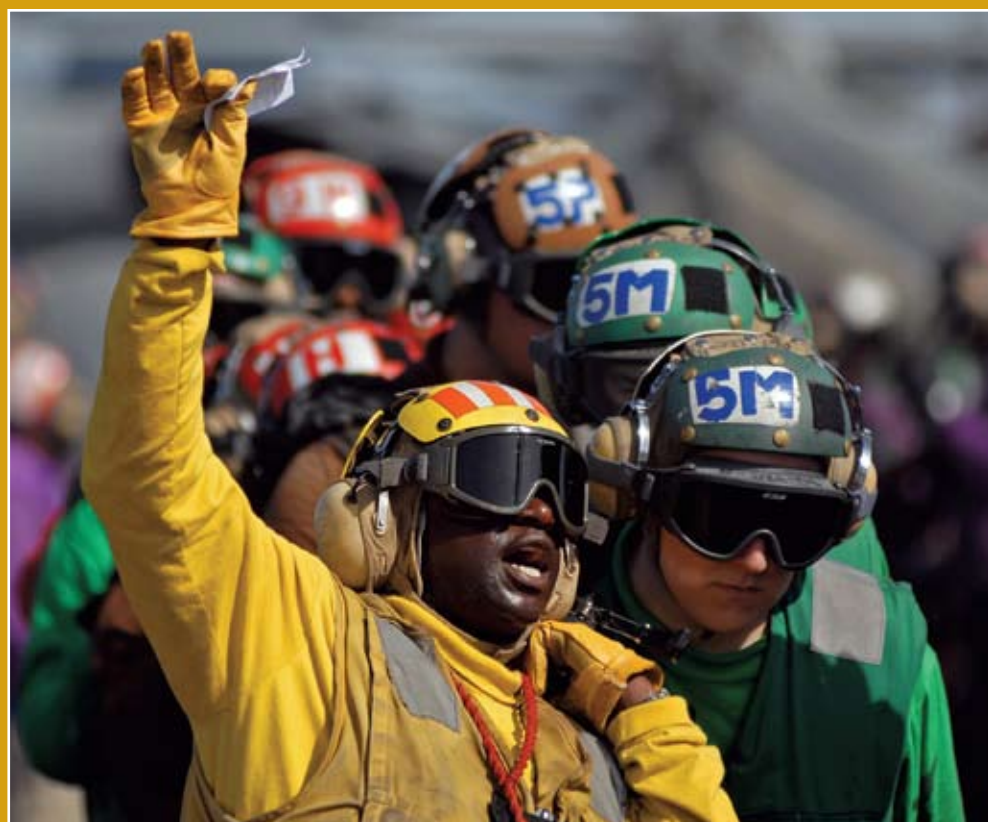


▲ BMCS Scott Moss, assigned to Inshore Boat Unit 14, directs his squad during training at a mock village during *Seahawk* 2007. *Seahawk* 2007 is a joint maritime security exercise involving integrated active and Reserve forces from the Navy Expeditionary Combat Command and U.S. Coast Guard.

Photo by MCCS Kevin Elliott

► ABH1 Corey Cooper, assigned to the V-1 Division of the air department, relays the status of firefighting efforts to a messenger during flight deck drills aboard *USS Abraham Lincoln* (CVN 72).

Photo by MC2 James R. Evans



▲ PC1 Monica Adams (right), assigned to Naval Mobile Construction Battalion 3, makes her final leg to Iraq aboard a *C-17 Globemaster*.

Photo by MC1 Carmichael Yepez

Expanded cooperative relationships with other nations contribute to the security and stability of the maritime environment.





► Members of air department stand fire watch in the hangar bay of *USS Abraham Lincoln* (CVN 72) during an ordnance onload at Naval Magazine Indian Island, Wash.

Photo by MC3 James R. Evans



▲ AE2 Tyrone Reilly of Helicopter Anti-Submarine Squadron 43, Det. 2, embarked aboard *USS Chung-Hoon* (DDG 93), washes the propeller of a SH-60B *Seahawk* helicopter.

Photo by MC2 Christopher T. Smith



▲ MRFN Edward O. Pastoral mans the M2 .50 caliber machine gun at the entry control point during Navy Mobile Construction Battalion (NMCB) 4's deployed fleet exercise. NMCB 4 is deployed to Guam supporting construction requirements for Pacific Command.

Photo by Air Force MSgt. Rickie D. Bickle

► Four Navy SEAL trainees practice a room breaching exercise as part of SEAL qualification training instruction. Students spend two weeks learning the basic methods for entering a room and securing it from possible threats.

Photo by MC2 Christopher Menzie





▶ Sailors assigned to Inshore Boat Unit (IBU) 22 wait for permission to come alongside and dock their security patrol boat on Khawr Al Amaya Oil Terminal in the northern Persian Gulf.
 Photo by MC2 Kirk Worley

Security at sea is essential to mitigating threats.

▶ **USS John S. McCain (DDG 56)** approaches the Sydney Opera House as the ship prepares to enter Sydney Harbor for a scheduled port visit celebrating the centennial anniversary of the Great White Fleet.
 Photo by MC2 Byron C. Linder



▶ **EN3 Jimmy S. Seechang**, a member of the visit, board, search and seizure team assigned to **USS Harpers Ferry (LSD 49)**, leads the team aboard the Japanese tug **Awaseamaru** during an evaluated non-compliant boarding in Buckner Bay, Okinawa.
 Photo by MC1 Michael D. Kennedy





▲ Search and rescue (SAR) swimmers assigned to USS *Bonhomme Richard* (LHD 6) swim 1,000 meters while conducting proficiency training on SAR techniques and tactics.

Photo by MC2 Woody Paschall



► U.S. Marine Corps MV-22 *Ospreys*, assigned to Marine Medium Tiltrotor Squadron 263, Marine Aircraft Group 29, prepare for flight on the deck of USS *Wasp* (LHD 1).

Photo by MC2 Zachary L. Borden



▲ GM2 William Flores, assigned to Mobile Security Detachment Portsmouth, Va., helps a Mali police officer with weapons familiarization as part of *Flintlock* 2007 in Bamako, Mali. The exercise is part of the Trans-Sahara Counterterrorism Partnership (TSCTP), an integrated, multi-agency effort of the U.S. State Department, U.S. Agency for International Development and DOD.

Photo by Air Force Tech. Sgt. Jeromy K. Cross



▲ CT2 Michael Whisenant, assigned to a visit, board, search and seizure (VBSS) team aboard USS *Mitscher* (DDG 57), embarks aboard French frigate FS *Ventose* (F 733) as part of VBSS training during *PANAMAX* 2007. Civil and military forces from 19 countries participated in *PANAMAX* 2007, a U.S. Southern Command joint and multi-national training exercise co-sponsored with the government of Panama, in the waters off the coasts of Panama and Honduras.

Photo by MC2 Todd Frantom



▲ An SH-60F *Seahawk*, assigned to Helicopter Anti-Submarine Squadron 14, releases flares during an air power demonstration for friends and family aboard USS *Kitty Hawk* (CV 63).

Photo by MC3 Jimmy C. Pan

► EOD1 Ray Kassow (left), and EOD3 Chris Eichas test a satellite communication system aboard USS *John C. Stennis* (CVN 74). *Stennis* was participating in a Joint Task Force Exercise (JTFEX) off the coast of southern California.

Photo by MC2 Heidi Giacalone



Maritime Security Operations seek to disrupt violent extremists' use of the maritime environment as a venue for attack or to transport personnel, weapons or other material.



▲ An Army Reserve CH-47D helicopter assigned to the 159th Aviation Regiment from Fort Eustis, Va., lifts an 11-meter rigid-hull inflatable boat as special warfare combatant-craft crewmen use a ladder to board the aircraft during an evolution of maritime external air transportation system along the Pearl River near Stennis Space Center, Miss.

Photo by MC3 Robyn Gerstenslager

The expeditionary character of maritime forces uniquely positions them to provide assistance.



▲ BM3 Justin Jonsson, a search and rescue swimmer aboard USS *Blue Ridge* (LCC 19), is lifted aboard an SH-60 *Seahawk* during a training scenario.

Photo by MCSN Heidi McCormick



▲ EO1 Manuel Gradillas assigned to Construction Battalion Maintenance Unit 202, shovels rocks to mix into concrete at Miguel Grau School in Salaverry, Peru, with the help of a local boy.

Photo by MC2 Steven King

▶ Lt. Gwen Smith (left) and Air Force Tech. Sgt. William Jones assist Luis Cortez after his surgery aboard USNS *Comfort* (T-AH 20). Cortez, a Colombian native, was born with short tendons that caused him to walk on the balls of his feet. *Comfort* was on a four-month humanitarian deployment to Latin America and the Caribbean.

Photo by MC2 Steven King



▲ A USNS *Comfort* (T-AH 20) Sailor gives a patient an immunization shot at the Arima Health Facility, Trinidad and Tobago.

Photo by MC2 Joshua Karsten



HUMANITARIAN ASSISTANCE & DISASTER RESPONSE





▲ Eroni "Aaron" Kumana, waits to meet Secretary of the Navy the Honorable Dr. Donald C. Winter at the Gizo soccer field in Gizo, Solomon Islands. Eroni is credited with the rescue of Lt. John F. Kennedy, nearly 18 years before becoming president, and the rest of PT-109 crew following the ship's collision with the Japanese destroyer Amagiri near Plum Pudding Island on August 2, 1943.

Photo by Chief MCC (AW) Shawn P. Eklund



▲ USS *Wasp* crew members participating in Hurricane Felix disaster relief operations prepare water for delivery to local residents in Puerto Cabezas, Nicaragua.

Photo by MC2 Todd Frantom



▲ HM2 Linda Grant, assigned to Fleet Surgical Team 5 embarked aboard USS *Boxer* (LHD 4), inspects a patient's mouth at the Escuela de Santa Isabella medical site in Guatemala, during *Continuing Promise* (CP) 2008, a two-month humanitarian civic assistance mission to South America.

Photo by MC2 Joshua Jarvis



◀ Cmdr. Elizabeth Satter performs an eye exam on a local man during a medical civic action program at Bunabun Health Center, Papua New Guinea, in support of *Pacific Partnership*.

Photo by MC3 Patrick M. Kearney



▲ U.S. Navy aircrewmen comfort an injured Nicaraguan woman prior to take-off during a medical evacuation in Puerto Cabezas, Nicaragua.

Photo by MC2 Zachary Borden



▲ BU3 Shawn Laborde assigned to Naval Mobile Construction Battalion (NMCB) 1, Task Force Sierra, strikes a line on a piece of lumber to be used in the construction of huts. NMCB-1 is deployed to several locations in the Middle East and Afghanistan providing responsive military construction support to U.S. military operations.

Photo by MC2 Demetrius Kennon



▲ Marines from the 31st Marine Expeditionary Unit work with Sailors assigned to the forward-deployed dock landing ship USS *Harpers Ferry* (LSD 49) to clean up a construction site during an engineering project in Luzon, Republic of the Philippines, as part of the annual bilateral exercise *Balikatan* 2008.

Photo by MC2 Joshua Wahl



▲ Crew members aboard an MH-60S *Seahawk* helicopter activate a release button, dumping 420 gallons of water below them on a burning target. HSC-85 has teamed up with the San Diego California Department of Forestry and Fire Protection to help put out the wild fires blazing across Southern California.

Photo by MC3 Dustin Kelling



▲ U.S. Navy Europe-Africa Band members sing and dance with children at Yatima Group Orphanage in Dar Es Salaam, Tanzania.

Photo by Gillian Brigham



▲ **HM1 Trent Sickles** reads the eulogy he wrote for his white hat during a white hat burial at sea, held on the fantail of *USS Abraham Lincoln* (CVN 72). The white hat burial at sea is a naval tradition in which chief petty officer selectees acknowledge their transition from first class petty officers to chiefs by “burying” their white hats.

Photo by MC3 James R. Evans



▲ **Sailors assigned to the crash division** aboard NAS Whiting Field, Fla., shows preschoolers at First Steps Christian School in Pace, Fla., how to wear a firefighter's mask.

Photo by Ensign Laura Stegherr



▲ **MM2 Adam Hernandez** (left), participates in striking drills with MMFA Paul Woodrome during practice for the mixed martial arts team aboard *USS Abraham Lincoln* (CVN 72).

Photo by MCSN Kathleen A. Corona



Sailors foster and sustain cooperative relationships with international partners.

▲ **A student builds a fire** at the Navy Survival, Evasion, Resistance and Escape (SERE) school, Rangely, Maine.

Photo by MC2 Roger S. Duncan

▼ **Triathletes rush to the waters** off Point Mugu, Calif., at the start of the Armed Forces Triathlon. The triathlon, held at Naval Base Ventura County, consisted of a 1.5-kilometer swim, 40-kilometer bike ride and a 10-kilometer run.

Photo by MC1 Michael Moriatis.



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▲ Two Sailors attached to Helicopter Anti-Submarine Squadron Light 51, sit in an SH-60B *Seahawk* helicopter during flight operations aboard USS *Kitty Hawk* (CV 63).

Photo by MCSN Kyle D. Gahlau



▲ A Sailor assigned to USS *O’Kane* (DDG 77) kisses his wife after returning from a seven-month deployment.

Photo by MCSN Byung K. Cho

▲ ABFAN Jennifer McDonald (right), and ABFAN Tiffany Williamson, set up the primary flight deck control integrated shipboard information system (ISIS) aboard USS *Kitty Hawk* (CV 63) before a series of flight operations. Sailors use ISIS to record aircraft launches and recoveries during what can average 12 hours of flight operations.

Photo by MC3 Adam York

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