

Gary White

Dietitian

AREAS OF EXPERTISE

Food allergies

Nutritional issues

Eating disorders

Health promotion

Nutritional calculations

Menu analysis

Developing nutritional care plans

Nutrition screenings

PROFESSIONAL

Health Professions Council (HPC)

Advanced First Aid

PERSONAL SKILLS

Prioritisation

Concentration

PERSONAL DETAILS

*Gary White
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DOB: 12/09/1985

Driving license: Yes

Nationality: British

PERSONAL SUMMARY

A well presented, self motivated and confident dietitian with experience of assessing a patients' nutritional needs, then developing and implementing nutrition programs for them. Possessing the ability to communicate complex and sensitive information about dietary matters in an understandable form to patients. Having a proven track record of successfully promoting healthy eating habits to communities and suggest diet modifications to individuals.

Now looking to further an already successful career by working for a caring, reputable and ambitious organisation.

WORK EXPERIENCE

Healthcare Trust – Coventry

DIETITIAN June 2008 - Present

Working as part of a team & involved in providing a very high standard of specialist dietetic services in the community to patients & carers. Helping to translate the science of nutrition into everyday understandable information about food.

Duties:

- Supervising the preparation and serving of meals.
- Helping clients to make informed & practical choices about their food & health.
- Advising healthcare professionals, catering staff & nurses on nutritional matters.
- Assessing, treating and evaluating patients referred to the Dietetic Service.
- Ensuring that each patient has an individually tailored care plan to meet their needs.
- Involved in the dietary treatment of disease and health conditions.
- Liaising with nursing & catering staff to provide special therapeutic diets and feeds.
- Undertaking comprehensive assessment of a patients' nutritional condition.
- Writing reports and discharge summaries about patients for GPs.
- Instructing patients and carers clearly on what to eat and when.
- Involved in the formulation of departmental policies, standards and procedures.
- Contacting patients on an outpatient basis to ensure compliance of diet.
- Managing the weight of overweight patients.
- Collecting patient data for surveys, analysing it and producing reports.

KEY SKILLS AND COMPETENCIES

- Clinical knowledge of specialised prescribable dietetic products and medications.
- Experience of trialing and evaluating new and existing dietetic products.
- Experience in both hospital and community settings.
- Dealing with complex situations.
- Knowledge of infection prevention and control policies.
- Experience of working with the elderly, children, and individuals with special needs.

ACADEMIC QUALIFICATIONS

BSc (Hons) Nutrition and Dietetics

Nuneaton University 2005 - 2008

A levels: Maths (A) English (B) Technology (B) Science (C)

Coventry Central College 2003 - 2005

REFERENCES – Available on request.

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