



Newborn Essentials Checklist



Clothing – The Layette

Suggested for newborn to 3 months

- One-piece sleepers (6-8)
Zippers or snaps, your choice!
- Scratch mittens (2 pairs)
- Newborn hats (2)
- Onesies (6-8)
Mix of short and long-sleeves.
- Stretchy pants (2 pairs)
- Hoodie jackets (2)
- Socks (4 pairs)
- Special dress-up outfits (2)
For leaving hospital, visiting grandparents.
- Large blanket (1)
- Receiving blankets (8-12)
Great for swaddling, and use as bibs or burp cloths.
- Scent-free, dye-free laundry detergent
- Winter Babies:** Snowsuit or bunting bag
- Summer Babies:** Wide brimmed sun hat

Diapering

Cloth Diapers

- Pocket diapers (24)
Or 24 prefold diapers, 5 diaper covers, 2 Snappi fasteners.
- Diaper wet bag (1)
- Washcloths for wiping (24)
- Organic coconut oil
Safe for cloth diapers, great on diaper rash, safe for baby.

Disposable Diapers

Don't stock up on newborn sizes – your little one might outgrow them fast!

- Newborn diapers (2 boxes)
- Diaper pail (1)
- Baby ointment or diaper rash cream
- Disposable wipes

Optional Diapering Accessories

- Change table
Or use Pack 'N Play changer, or top of a dresser.
- Diaper bag
- Diaper change pad (1)



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Bathing

Little babies can sure make big messes.

- Plastic infant tub (buy used)
Or stick a large bowl in your sink. Also, you can bathe together with baby.
- Hooded towel (1)
- Washcloths (10)
- Baby wash

Breastfeeding and Bottle Feeding

- Nursing pillow
- Breast pads
- Breast pump
- Milk storage containers
- Bibs (2-4)
- Four-ounce bottles with nipples (6-8)
- Eight-ounce bottles with nipples (6)
- Bottle brush
- Nice to have:** Bottle warmer and sterilizer

Sleeping

Choose from the following:

- Crib, mattress, 2 mattress covers, 2 fitted sheets
- Bassinet, 2 fitted sheets
- Pack 'N Play
- Nice to have:** 2 Sleep Bags or Swaddle Blankets

Baby Gear

- Infant car seat
- Stroller (buy used)
- Baby carrier or sling

Health

- Ear thermometer
- Nail emery board – easier than using scissors
- Prescribed medication

Nice-to-Haves

- Vibrating chair
- Swing
- Activity center
- Books for baby
- Teething toy
- Stroller or carseat toy
- Pacifiers (2)

