

Certificate of Fitness

(Contains information for Medical Practitioners in relation to the issuing of the approved form pursuant to 11(2)c of the *Combat Sports Act 2013*)

The purpose of a medical examination of persons wishing to register or maintain their registration as a combatant under the *Combat Sports Act 2013* is to minimise the risks of participation in combat sports.

It is a condition of each combatant's registration that they provide a Certificate of Fitness to the Authority each year.

It is appreciated that such examination will not prevent injuries arising during a contest from strikes to the body. The purpose of the examination is to detect those persons who are particularly at risk due to pre-existing disease or anatomical abnormalities. Combatants are also required to provide the Authority with a serological clearance certificate on a regular basis.

The *Combat Sports Act 2013* requires that combatants be examined by a medical practitioner before every contest, after every contest and at any time as directed by the Authority. These examinations are for the benefit and welfare of the combatants.

Generally, combatants should be in good general health. Excessive weight and wasting should be considered with caution, although this would not necessarily exclude participation.

The Medical Practitioner, in examining the patient, should look for abnormalities which:

decrease the ability of the person to defend themselves such as:

- Loss of sensation particularly sight, hearing.
- Slow, clumsy movements, e.g. cerebral palsy.
- Muscular and/or joint disease
- Lesions of balance/co-ordination.
- Easy fatigability, secondary to heart/renal disease.
- Respiratory disease, chronic or periodic, e.g. Asthma

increase the risk of injury such as:

- Bleeding tendency, e.g. Haemophilia
- Past history of multiple fractures.
- Increased size viscera, especially liver and spleen.
- Undescended testes.
- Loss/abnormality of paired organs.
- Poorly controlled diseases, e.g. Hypertension/diabetes.
- Disease with poor healing/potential joint instability, e.g. Collagen disease.
- Transient/prolonged neurological system/signs, including headache.
- Previous injury with incomplete recovery of function or complicating sequelae.

The Medical Practitioner should undertake any medical examinations and tests that they believe are necessary to give them confidence to issue the Certificate of Fitness.

The Combat Sports Authority does not require details of the examination undertaken or medical test results obtained and the confidentiality of this information should be maintained between the Medical Practitioner and combatant.

The Certificate of Fitness is all that is required to be provided to the Authority. If you do not consider this combatant fit compete in combat sports then you should not issue the Certificate of Fitness.



Certificate of Fitness

Approved form issued pursuant to section 11(2)c of the *Combat Sports Act 2013*

Form must be completed by a registered medical practitioner

I, _____
[insert name]

being a registered medical practitioner,

Medical Registration Number: _____
[insert number/stamp]

of: _____
[insert address]

declare that: _____
[insert name of combatant]

whom I identified from

<input type="checkbox"/>	Photo Driver's License No: _____
	or
<input type="checkbox"/>	Photo in Medical Record Book of Combatant No: _____
	or
<input type="checkbox"/>	Photo Passport No: _____ Country of issue: _____

in my opinion, and after undertaking the required medical assessments on

_____, this combatant is **fit to compete in combat sports.**
[insert date of examination]

Signature: _____ Date: _____

It is an offence under section 92(d) of the Act to provide any information or produce any document that a person knows is false or misleading in connection with a medical examination.