

Baby Travel Packing Checklist

BABY-SPECIFIC ITEMS

Take along a few key items baby is familiar with, like their blankie (of course!) and their favorite stuffed toy or a bath toy they love. There is nothing like familiarity and sense of routine to a baby/toddler, however remember not to weigh yourself down with <u>all</u> the toys in the toy-box!

Baby backpack or carrying bag (backpacks are great as		Car Seat w base (you can skip this and bring baby
you are hands-free and not lop-sided)		carrier only – rent a car seat/stroller where you are
		headed)
Formula or milk, if you are not breast-feeding		Front Carrier or Sling
Baby food/Baby Cereal (or buy at destination)		Plastic bags or a Diaper Bag Dispenser with Bags
Eating utensils (to avoid 'disposable' items, rinse in		Hand wipes/small bottle of disinfecting hand gel,
bathroom and bring a kitchen towel cut in strips, to		baby wash, and baby lotion
wrap cutlery for washing/re-use later)		
Bottles & Nipples		Tissues
Sippy Cups		Energy-boosting snacks for mom/dad to munch on
Teething Crackers / 'Baby-friendly' Snacks		Night light
Baby Toothbrush and Toothpaste		Simple first-aid travel kit
Shampoo, body wash, powder, butt cream (baby		Baby pain reliever and supplies for treating minor
toiletries)		injuries or teething (pack in plastic sealable bag to
		prevent leaks)
Grooming kit (with baby nail clippers and hairbrush)		Baby pain reliever and supplies for treating minor
		injuries or teething (pack in plastic sealable bag to
		prevent leaks)
Blankies (bring a few: to lay baby on, cover baby, cover		"Child-Proofing" Safety Items such as: Electric plug
self, protect clothes from messy burps, shade baby,		covers, corner covers. Some hardware stores sell all-
and more)		in-one kits
Pacifier (if baby using one)		Baby (video) monitor
Toys and best stuffed animals (choose 6 maximum!),		Babyfood steamer/processor, if necessary (we use
Markers, Drawing Paper		'Beaba')
Diapers (1 for each 3 hrs in transit, plus extras in case of		Camera, battery charger, and an extra memory card
delays		
Swim Diapers and/or Baby's Swimsuit		Phone number of baby's healthcare provider in case
		you have questions while on the road
Pad to put under baby during diaper changes		Bubbles blower!
Inflatable baby bathtub		Flash Cards or Other Compact / Educational Activity
Bath Toys		Crib bedding
Sun hats		Collapsible Stroller
1-2 outfits per day (if not planning on doing laundry) –		Bibs
and of course, rotating		
Sweater(s)		Drool cloth(s)
Socks		Diaper Cream
Shoes/Sandals		Wipes
Travel crib/cot/play yard		Two fresh pillow cases
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MONEY & DOCUMENTS

Cash /credit cards/debit/ATM cards	Vaccination documents if needed (baby's yellow
	health record card)
Passports	Trip itinerary /Airplane tickets, or confirmation
	number for e-ticket
Drivers' license	Hotel and/or car reservation numbers
Consent letter from non-traveling parent if traveling	Bank account numbers
solo	
Photocopies of passport & drivers' license – packed	Cheques/checks and security device (for one of my
separately, in case ID is lost or stolen	bank accounts, can only make transfers using a
	security device! good thing I remembered to pack it!)
Get a travel plan for cell phone?	Health & travel insurance documents
Other Photo ID	Business Cards

TOILETRIES

Toothpaste, toothbrushes, dental floss	Shampoo, conditioner, hair products
Brush & comb	Shaving gear
Glasses and/or Contact lens accessories	Sunglasses
Skin cream	Make-up and Make-up Remover
Nail clippers	Tweezers
Ear plugs	Insect repellent
Afterbite, for insect bites	Sun block 2
health care	Band-aids (these may already be in your first-aid kit)
Topical antibiotic ointment	Disinfecting liquid like hydrogen peroxide or alcohol
Cotton swabs	Pain relief tablets
Baby pain/fever reliever	Oral rehydration liquid or sachets
Allergy medicine	Feminine hygiene products
Prescription medicines	Mommy/Daddy Vitamins or Supplements

MISCELLANEOUS ITEMS

Earplugs + earplugs for everyone around you on the flight! (when baby is just not happy, give them to your closest neighbors with a smile and gentle shoulders shrug ①)	Smartphone & charger
Camera and batteries	Chargers (for camera, laptop, mobile phone, tablet)
International plug	Tablet/Laptop/headphone
Pen & Paper	Assorted plastic bags
Assorted plastic containers	Mini Flashlight & batteries (check airlines policies for
	batteries – should be okay if checked in)
Needle and thread	Travel alarm clock (you have a baby, who needs an
	alarm clock?!)
Small amount of dish and/or laundry soap	Waterproof sheet
Beach toys and water wings for baby	Water goggles
Dish soap, dish sponge and dishwashing gloves (you'd	Your housekeys, car keys / keychain (put these in a
be amazed how much washing of baby food and drink	luggage pocket you can access easily when you arrive
items you could wash/rinse when on the go!)	home!)
Underwater camera	

MOM/DAD STUFF

Two swimsuits	Lots of t-shirts or other tops	
Long sleeved shirts	Shorts	
Pants	Sweater or jacket	
Few dressy outfits for more formal dinners	Rain gear	
Sleepwear	Under-garments	
Socks	Hat(s)	
Sandals	Good walking shoes	
Accessories	Sarongs	

See more at: http://mommymorsels.com/baby-plus-travel-packing-checklist/#sthash.VSPr5WfJ.dpuf