

The (ever-so-reasonable) Cleaning Checklist

When using this printable, it's important to keep in mind: The end goal is not for your house to be perfectly clean. ***The goal is to not let cleaning get out of hand to the point that your house gets nasty.*** These are two very different things!

- **If you don't finish an item, it's okay**

As the maker of the checklist, I grant you permission to leave boxes unchecked and not feel guilty about it. If (heaven forbid!) you don't empty the garbages in your house one week...make a point to do it next week. Just do your best not leave the same chore unchecked twice in a row.

- **The checklist doesn't include everything**

And it's not meant to; there are good Spring Cleaning checklists for that. But it includes enough to keep your house looking presentable. For example, I put 3 loads of laundry per week on the checklist. You may do more than that, but if you're doing three loads a week, you're probably not falling too far behind on laundry.

- **Everybody needs a break!**

I only included 6 checkboxes for the daily tasks, so you can choose one day to take off each week. Woo!

- **There's room to customize**

Use the empty checkboxes to add chores custom to your house, like changing the litterbox or cleaning a room that's not on the list.

- **Share the load**

It's easy to share the chores on the checklist with everybody in the family. If you like to assign chores in your house, use different colors of highlighters to indicate who's responsible for what.

Cleaning Checklist

January

Monthly

- Clean out fridge
- Wipe stovetop / kitchen appliances
- Run empty dishwasher with vinegar
- Run vinegar through coffee machine
- Vacuum stairs
- Dust surfaces
- Bathroom floors / shower / tub
- Clean mirrors / windows
-

Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
-
-

Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
- Empty trash
- Scrub kitchen sink
- Sort mail / pay bills
-
-

Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
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Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
- Empty trash
- Scrub kitchen sink
- Sort mail / pay bills
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
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Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
- Empty trash
- Scrub kitchen sink
- Sort mail / pay bills
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
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Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
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- Scrub kitchen sink
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
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- Pick up bedroom
- Laundry (wash/fold/put away)
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Weekly

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Cleaning Checklist

February

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- Bathroom floors / shower / tub
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
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Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
- Empty trash
- Scrub kitchen sink
- Sort mail / pay bills
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

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Cleaning Checklist

March

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Daily

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Weekly

- Clean toilets / wipe counters
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Cleaning Checklist

April

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Daily

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3 Times/week

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Weekly

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Cleaning Checklist

May

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Cleaning Checklist

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Cleaning Checklist

July

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Cleaning Checklist

August

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- Bathroom floors / shower / tub
- Clean mirrors / windows
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Daily

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3 Times/week

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Weekly

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3 Times/week

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Weekly

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Cleaning Checklist

September

Monthly

- Clean out fridge
- Wipe stovetop / kitchen appliances
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- Vacuum stairs
- Dust surfaces
- Bathroom floors / shower / tub
- Clean mirrors / windows
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Daily

- Clear/wipe counters
- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

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- Laundry (wash/fold/put away)
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Weekly

- Clean toilets / wipe counters
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- Vacuum / sweep floors
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Daily

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Weekly

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Cleaning Checklist

October

Monthly

- Clean out fridge
- Wipe stovetop / kitchen appliances
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- Dust surfaces
- Bathroom floors / shower / tub
- Clean mirrors / windows
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Daily

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- Wash dishes in sink

3 Times/week

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Weekly

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Daily

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3 Times/week

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Cleaning Checklist

November

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Daily

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- Load/unload dishwasher
- Wash dishes in sink

3 Times/week

- Pick up dining room
- Pick up living room
- Pick up bedroom
- Laundry (wash/fold/put away)
-
-

Weekly

- Clean toilets / wipe counters
- Change sheets
- Vacuum / sweep floors
- Shake out rugs
- Empty trash
- Scrub kitchen sink
- Sort mail / pay bills
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Cleaning Checklist

December

Monthly

- Clean out fridge
- Wipe stovetop / kitchen appliances
- Run empty dishwasher with vinegar
- Run vinegar through coffee machine
- Vacuum stairs
- Dust surfaces
- Bathroom floors / shower / tub
- Clean mirrors / windows
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