

Undergraduate Resource Series

Office of Career Services | 54 Dunster Street Harvard University | Faculty of Arts and Sciences | 617.495.2595 www.ocs.fas.harvard.edu

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Office of Career Services Harvard University Faculty of Arts & Sciences Cambridge, MA 02138 Phone: (617) 495-2595 www.ocs.fas.harvard.edu

CREATE A STRONG RESUME

A resume is a brief, informative summary of your abilities, education, and experience. It should highlight your strongest assets and skills, and differentiate you from other candidates seeking similar positions. Although it alone will not get you a job or internship, a good resume is an important element toward obtaining an interview.

Tailor your resume to the type of position you are seeking. This does not mean that all of your work history must relate directly, but your resume should reflect the kind of skills the employer would value.

NEED HELP?

- Build a strong resume using the **new template on the OCS** website.
- Attend a Resume Workshop to learn the nuts and bolts of getting started. See the OCS website for dates.
- View the OCS **Online Resume Workshop**.
- **Come to drop-ins**. Monday-Friday, 1:00-4:00pm—get any quick career question answered and have an adviser look at your resume.
- Look for industry specific resume review clinics. Listed on the Employers on Campus Calendar.

RESUME TIPS

RESUME LANGUAGE SHOULD BE:

- Specific rather than general
- Active rather than passive
- Written to express not impress
- Articulate rather than "flowery"
- Fact-based (quantify and qualify)
- Written for people who scan quickly

DON'T:

- Use personal pronouns (such as I)
- Abbreviate
- Use a narrative style
- Use slang or colloquialisms
- Include a picture
- Include age or gender
- List references
- Start each line with a date

TOP 5 RESUME MISTAKES:

- 1. Spelling and grammar errors
- 2. Missing email and phone information
- 3. Using passive language instead of "action" words
- 4. Not well organized, concise, or easy to skim
- 5. Too long

DO:

- Be consistent in format and content
- Make it easy to read and follow, balancing white space
- Use consistent spacing, underlining, italics, bold, and capitalization for emphasis
- List headings (such as Experience) in order of importance
- Within headings, list information in reverse chronological order (most recent first)
- Avoid information gaps such as a missing summer
- Be sure that your formatting will translate properly if converted to a .pdf

PLAN TO WORK INTERNATIONALLY?

Resume guidelines can vary from country to country. Check out Going Global at http://ocs.fas.harvard.edu/online-tools

RESUMES AND COVER LETTERS

Action Verbs for your Resume

LEADERCHIP										
LEADERSHIP										
Accomplished	Achieved	Administered	Analyzed	Assigned	Attained	Chaired	Consolidated			
Contracted	Coordinated	Delegated	Developed	Directed	Earned	Evaluated	Executed			
Handled	Headed	Impacted	Improved	Increased	Led	Mastered	Orchestrated			
Organized	Oversaw	Planned	Predicted	Prioritized	Produced	Proved	Recommended			
Regulated	Reorganized	Reviewed	Scheduled	Spearheaded	Strengthened	Supervised	Surpassed			
COMMUNICATION										
Addressed	Arbitrated	Arranged	Authored	Collaborated	Convinced	Corresponded	Delivered			
Developed	Directed	Documented	Drafted	Edited	Energized	Enlisted	Formulated			
Influenced	Interpreted	Lectured	Liaised	Mediated	Moderated	Negotiated	Persuaded			
Presented	Promoted	Publicized	Reconciled	Recruited	Reported	Rewrote	Spoke			
Suggested	Synthesized	Translated	Verbalized	Wrote						
RESEARCH										
Clarified	Collected	Concluded	Conducted	Constructed	Critiqued	Derived	Determined			
Diagnosed	Discovered	Evaluated	Examined	Extracted	Formed	Identified	Inspected			
Interpreted	Interviewed	Investigated	Modeled	Organized	Resolved	Reviewed	Summarized			
Surveyed	Systematized	Tested	modeled	Jigunizeu	Resolved	ice vieweu	Sammanzea			
Surveyeu	systematized	resteu								
TECHNICAL										
Assembled	Built	Calculated	Computed	Designed	Devised	Engineered	Fabricated			
Installed	Maintained	Operated	Optimized	Overhauled	Programmed	Remodeled	Repaired			
Solved	Standardized	Streamlined	Upgraded							
TEACHING										
Adapted	Advised	Clarified	Coached	Communicated	Coordinated	Demystified	Developed			
Enabled	Encouraged	Evaluated	Explained	Facilitated	Guided	Informed	Instructed			
Persuaded	Set Goals	Stimulated	Studied	Taught	Trained					
QUANTITATI	VE									
Administered	Allocated	Analyzed	Appraised	Audited	Balanced	Budgeted	Calculated			
Computed	Developed	Forecasted	Managed	Marketed	Maximized	Minimized	Planned			
Projected	Researched	Torecusted	managed	marketea	mannized		Thunned			
CREATIVE										
Acted	Composed	Conceived	Conceptualized	Created	Customized	Designed	Developed			
Directed	Established	Fashioned	Founded	Illustrated	Initiated	Instituted	Integrated			
Introduced	Invented	Originated	Performed	Planned	Published	Redesigned	Revised			
Revitalized	Shaped	Visualized	. enormed	- minicu	. actioned	incursigned				
HELPING										
Assessed	Assisted	Clarified	Coached	Counseled	Demonstrated	Diagnosed	Educated			
Enhanced	Expedited	Facilitated	Familiarized	Guided	Motivated	Participated	Proposed			
Provided	Referred	Rehabilitated	Represented	Served	Supported	rancipated	Toposeu			
ORGANIZATIONAL										
Approved	Accelerated	Added	Arranged	Broadened	Cataloged	Centralized	Changed			
Classified	Collected	Compiled	Completed	Controlled	Defined	Dispatched	Executed			
Expanded	Gained	Gathered	Generated	Implemented	Inspected	Launched	Monitored			
Operated	Organized	Prepared	Processed	Purchased	Recorded	Reduced	Reinforced			
Retrieved	Screened	Selected	Simplified	Sold	Specified	Steered	Structured			
Systematized	Tabulated	Unified	Updated	Utilized	Validated	Verified				

Always use your @college email account and check it frequently, even if you have enabled forwarding.	D			D COV	VER LETTERS		
	RESUME SAMPLE Roberta Josephina Maddox maddox@fas.harvard.edu				If an employer asks for your SAT scores or GPA, include in your education section.		
433 Mather Mail Center Harvard College Cambridge, MA 02138	(714) 558-9857				17 Rodeo Road Irvine, CA 92720		
HARVARD UNIVERSITY A.B. Honors degree in History. GPA 3.7 Relevant Coursework: International Poli Commit 25 hours per week to Harvard V	itical Economics and the Eu	· /	imunity.		Cambridge, MA May 2016		
UNIVERSITY OF LONDON Study abroad coursework in European H IRVINE HIGH SCHOOL Graduated with high honors. SAT I: M: National Honor Society. Member of Var	780 V:760.	relevant to you're appl	g coursework, b the position to ying. different verbs.		London, UK May - August 2014 Irvine, CA June 2012		
PEPSI-COLA NORTH AMERICA B Marketing Analyst Intern Examined profitability of foreign marke and consumer surveys gathering over 50 social networks and viral marketing. Pre- in combined PowerPoint presentation.	t for new fruit drink using an 00 data points. Created ideas	for niche m	arketing camp	nds. Mana paigns inc	luding use of		
THOMAS WILCK ASSOCIATES Assistant Account Executive Researched and assembled requests for p participated in staff meetings and brains				nunicatio			
TECH HILLS Technology Intern Implemented new web site, including ba	ack end database storage sys	tem and dyn		ges.	Laguna Hills, CA May - August 2013		
HARVARD UNDERGRADUATE WO Executive Committee Member Organized marketing and advertising car reception for 50 business professionals a	mpaign to increase members	, I	demonstrated activities as we	through ca ell as throu Febr	ampus and volunteer gh previous employmer uary 2013 - Present		
HARVARD COLLEGE MARATHON Training Program Director Developed training program for 25 char and The Cambridge Food Project.		,000 to supp	oort Phillips B		Cambridge, MA January - May 2013 use Association		
Technical: Microsoft Excel and Access, Language: Fluent French and Conversa		L.			g data. Use ls but not both.		

t.

Interests: Ultimate Frisbee, Bhangra dance, and European films.

Optional category examples

You may wish to adopt these categories if relevant to your experience or the opportunity you are applying for. If you have significant experience in a specialized category, consider using that as your primary "Experience" section. Note that both paragraph and bulleted formats are shown as options, but be sure to be consistent with your formatting.

Leadership Experience

HARVARD SOCIETY OF BLACK SCIENTISTS & ENGINEERS President

Provided strategic direction and developed annual goals for this 90 member student group. Organized board and general meetings. Oversaw existing activities, programs, and collaborations with other student organizations. Represented group in Black Community Leaders Organization.

HARVARD COMPUTER SOCIETY

Membership Coordinator / Board Member Organized marketing and advertising campaign, resulting in 20% increase in membership. Coordinated tech conference and networking reception for 30 professionals and 75 students. Upgraded and enhanced website.

Public Service Experience

CAMBRIDGE DEPARTMENT OF SOCIAL SERVICES

Intern

- Conduct site visits to local social service agencies to assist in evaluating effectiveness of service delivery. Observe experienced counselors and social workers in private settings with clients.
- Analyze data to determine trends in service usage.

PHILLIPS BROOKS HOUSE ASSOCIATION

Summer Urban Program Senior Counselor

- Organized activities at summer camp encouraging academic achievement among inner city and underresourced children. Managed \$500 activities budget.
- Produced and implemented curriculum for girls ages 11-12 exposing campers to female leaders in community, community service, and health education.

Technical Skills

Programming: .NET, C, C++, C#, PHP/MySQL, Scheme, Perl, Python, MATLAB, JavaScript, OCaml. **Operating Systems:** Windows 8 / 7 / Vista / XP, MAC OS X and Linux. Web Design: Designed www.abc.com, www.xyz.com

Research Experience

STANFORD NANOTECH RESEARCH CENTER **Research Intern**

Project: Microfabrication of Thin-film Heaters to Simulate Hotspots.

- Fabricated devices for testing effectiveness of nanoscale patch used to cool down hotspots on microprocessors. •
- Utilized cleanroom facilities to create devices that contain hotspot heater and temperature sensors to simulate heat generation.

Performing Arts Experience

MAINLY JAZZ DANCE COMPANY

Dancer / Choreographer

Perform traditional jazz, lyrical, hip hop, funk, and modern dance at performances open to public throughout the year. Teach dance routines to 20+ students at local elementary school.

Activities

LOWELL HOUSE COMMITTEE

Member. Collaborate on social and community service activities.

MASSACHUSETTS GENERAL HOSPITAL

Hospital Volunteer. Commit 5 hours per week greeting patients.

Cambridge, MA September 2014 - Present

October 2014 – Present

Boston, MA January - May 2015

Palo Alto, CA June – Aug 2013

Cambridge, MA

January - May 2014

September 2014 - Present

Cambridge, MA

Dorchester, MA June - August 2014

Cambridge, MA September 2014 - May 2015

Cambridge, MA

RESUMES AND COVER LETTERS

To help you design a strong resume, OCS offers you formatted templates. On the OCS website, search "templates" and click on OCS Guides and Templates. Choose bulleted or paragraph style, fill in your information, and then bring your draft to drop-ins for editing and feedback.

Resume Template 1

Your Name

name@college.harvard.edu Phone Number

Education

HARVARD UNIVERSITY

Harvard Mail Center

Cambridge, MA 02138

Degree, Concentration. GPA [Note: Optional] Relevant Coursework or Thesis: [Note: Optional. Awards and honors can also be listed here.]

STUDY ABROAD [Note: If Applicable] Study abroad coursework in _____.

NAME OF HIGH SCHOOL [May include GPA, SAT scores, or academic honors an employer may want to know]

Experience

ORGANIZATION

Position Title Month Year – Month Yea Beginning with your most recent position, describe your experience, skills, and resulting outcomes in bullet or paragraph form. [Note: Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements. Quantify where possible. Do not use personal pronouns; each line should be a phrase rather than a full sentence.]

ORGANIZATION City, State Position Title Month Year – Month Year With your next-most recent position, describe your experience, skills, and resulting outcomes in bullet or paragraph form. [Note: Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements. Quantify where possible. Do not use personal pronouns; each line should be a phrase rather than a full sentence.]

Leadership and Activities

ORGANIZATION City, State Role Month Year – Month Year [Note: This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. If this section is more relevant to the opportunity you are applying for, consider moving this above your Experience section.]

ORGANIZATION

Role

[Note: This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. If this section is more relevant to the opportunity you are applying for, consider moving this above your Experience section.]

Skills & Interests [Note: Optional]

Technical: List computer software and programming languages Language: List foreign languages and your level of fluency Laboratory: List scientific / research lab techniques or tools [If Applicable] Interests: List activities you enjoy that may spark interview conversation

Cambridge, MA Graduation Date

City, Country Month Year – Month Year

> City, State Graduation Date

City, State Month Year – Month Year

Home Street Address City, State Zip Code

City, State Month Year – Month Year

RESUMES AND COVER LETTERS

Resume Template II (with bullet points)

Your Name

Home Street Address • City, State Zip • name@college.harvard.edu • phone number

Education

HARVARD UNIVERSITY Degree, Concentration. GPA [Note: Optional] Thesis [Note: Optional] Relevant Coursework: [Note: Optional. Awards and honors can also be listed here.]

STUDY ABROAD [Note: If Applicable]

Study abroad coursework in .

NAME OF HIGH SCHOOL

[Note: May include GPA, SAT scores, or academic honors an employer may want to know]

Experience

ORGANIZATION

Position Title

- Beginning with your most recent position, describe your experience, skills, and resulting outcomes in bullet or • paragraph form.
- Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements.
- Quantify where possible. •
- Do not use personal pronouns; each line should be a phrase rather than a full sentence. •

ORGANIZATION

Position Title

- With your next-most recent position, describe your experience, skills, and resulting outcomes in bullet or • paragraph form.
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Leadership and Activities

ORGANIZATION

Role

- This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. .
- If this section is more relevant to the opportunity you are applying for, consider moving this above your ٠ Experience section.

Skills & Interests [Note: Optional]

Technical: List computer software and programming languages Language: List foreign languages and your level of fluency Laboratory: List scientific / research lab techniques or tools [If Applicable] Interests: List activities you enjoy that may spark interview conversation

City, State

Graduation Date

Cambridge, MA

Graduation Date

City, Country

City, State

Month Year – Month Year

Month Year – Month Year

City, State Month Year – Month Year

City, State

Month Year – Month Year

WRITE AN EFFECTIVE COVER LETTER

Your cover letter is a writing sample and a part of the screening process. By putting your best foot forward, you can increase your chances of being interviewed. A good way to create a response-producing cover letter is to highlight your skills or experiences that are most applicable to the job or industry and to tailor the letter to the specific organization you are applying to.

	Your Street Address City, State Zip Code
	Date of Letter
Use complete title and address.	Contact Name Contact Title Company Name Street Address City, State, Zip Code
Address to a particular person	Dear:
if possible and remember to use a colon.	Opening paragraph: Clearly state why you are writing, name the position or type of work you're exploring and, where applicable, how you heard about the person or organization. A summary statement may work well here by including three reasons you think you would be a good fit for the opportunity.
Make the ad- dressee want to read your resume. Be brief, but specific.	Middle paragraph(s): Explain why you are interested in this employer and your reasons for desiring this type of work. If you've had relevant school or work experience, be sure to point it out with one or two key examples; but do not reiterate your entire resume. Emphasize skills or abilities that relate to the job. Be sure to do this in a confident manner and remember that the reader will view your letter as an example of your writing skills.
Remind the reader of what you can do for the organization.	Closing paragraph: Reiterate your interest in the position, and your enthusiasm for using your skills to contribute to the work of the organization. Thank the reader for his/her consideration of your application, and end by stating that you look forward to the opportunity to further discuss the position.
Always sign letters.	Sincerely,
	Your name typed

Some general rules about letters:

- Address your letters to a specific person if you can.
- Tailor your letters to specific situations or organizations by doing research before writing your letters.
- Keep letters concise and factual, **no more than a single page**. Avoid flowery language.
- Give examples that support your skills and qualifications.
- Put yourself in the reader's shoes. What can you write that will convince the reader that you are ready and able to do the job?
- Don't overuse the pronoun "I".

- Remember that this is a marketing tool. Use lots of action words.
- Have an OCS adviser proofread your letter.
- If converting to a .pdf, check that your formatting translates correctly.
- Reference skills or experiences from the job description and draw connections to your credentials.
- Make sure your resume and cover letter are prepared with the same font type and size.

Sample Cover Letter

September 20, 2015

Ms. Ellie Wells Senior Manager Wallaby Yogurt Company 110 Mezzetta Court American Canyon, CA 94503

Dear Ms. Wells:

I am a senior at Harvard University and am writing to apply for the Manager in Training opportunity at the Wallaby Yogurt Company posted in Harvard's Crimson Careers database. I am very interested in the field of marketing and would welcome the opportunity to contribute my research, writing skills, and experience to your growing business.

I am excited about Wallaby's commitment to organic, all-natural ingredients in its products. As a varsity field hockey player, I am very aware of the importance of healthy food as the foundation for a healthy life. Your emphasis on "learning by doing and leading by serving" is also consistent with the training I received as an athlete. Whether on the field learning new drills in the worst weather conditions or patiently working with a new team member, I am most fulfilled when contributing to the team effort.

In addition to my concentration in History, I have completed coursework in Economics. My academic work has strengthened my research and writing skills as well as my understanding of the economics of business growth and development. Working with Harvard Undergraduate Women in Business (WIB) over the last two years gave me the experience and confidence to work in a dynamic, fast-paced organization where learning quickly and pitching in are instrumental to success. As a member of the Executive Committee, for example, I managed campus advertising campaigns that increased overall membership and attracted more than 500 students from 12 different schools to our annual Intercollegiate Fall Conference.

Thank you for your consideration. I very much look forward to the opportunity to speak with you in person about my interest in this position.

Sincerely,

Jane Smith