small **\$1.79** large Cinnamon Roll \$2.99 Croissant Plain **Bagels** \$1.39 Croissant Choc or Strawberry \$2.19 Muffins \$2.59 **Biscuit** plain **\$1.19** Sweet Potato \$1.59 5 Mini **\$2.99** large \$0.79 **Mini Donut** Scone \$2.99

on the lighter side

Breakfast Sandwiches

turkey sausage • ham • bacon • SOYsage (+.59), **Bread Choices**

biscuit, bagel, rosemary garlic, whole wheat, cranberry walnut, honey wheat, sourdough, ciabatta, rye croissant (+\$1.19), or jalapeno focaccia (+1.59)

Egg Only **\$3.29** Egg & Cheese \$3.59 Egg, Cheese & Meat \$5.29

Granola

We bake rolled oats, hearty grains, nuts, and dried fruit daily and serve it with milk. Substitute yogurt (\$.99) \$4.99 add fresh fruit +\$1.29

Smoked Salmon Plate

Slices of pastrami smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, and caper berries \$8.99

on the sweeter side

Ricotta Pancakes

Three ricotta pancakes with warm blueberry compote \$7.99

Sweet Potato Pancakes Lightly sweet southern style pancakes served with a warm caramelized brown sugar syrup and toasted pecans \$7.99

Highland Breakfast Two eggs scrambled with your choice of bacon, ham, turkey sausage, or soysage (+.59), and your choice of potatoes or grits and toast

Sub Egg whites (+1.19) Highland Lite-(Fruit instead of meat) \$6.99

Cilantro Corn Pancakes

Served over black beans and topped with 2 eggs fried medium, sour cream, salsa, shredded cheese, and cilantro \$9.99

Breakfast BLT

Sourdough grilled and topped with spring mix, tomato, herbed mayo and 2 eggs fried medium with crisp bacon on top, served open face with grits or potatoes \$8.99

Classic Eggs Benedict

Eggs poached medium, Canadian bacon, topped with Hollandaise on a toasted whole wheat English muffin, with potatoes or grits \$8.99

Crab Cakes Benedict

Two lump crab cakes, eggs poached medium, and sautéed spinach, covered in Hollandaise and served on a toasted whole wheat English muffin with choice of potatoes or grits \$12.99

Cowboy Benedict

Two quesadillas, with seasoned black beans, eggs poached medium and Hollandaise with a spicy corn relish \$9.99

Rustic Italian

Two pieces of grilled rosemary garlic bread with melted mozzarella served with sautéed mushrooms, spinach, tomatoes, onions, red peppers with two over medium eggs topped with marinara, fresh basil and shredded Vermont white cheddar. Choice of grits or potatoes **\$8.99** with tofu (+\$2.59) with grilled chicken (+\$3.99)

French Toast

Super thick slices of challah bread, topped with seasonal fresh fruit & French cream, with brown sugar butter on the side \$7.99

Peanut Butter French Toast

Challah bread filled with peanut butter, dipped in batter, encrusted with bran flakes and topped with caramelized bananas \$8.99

Burrito de Huevos

Scrambled eggs with sweet yellow corn, roasted red peppers and onions, wrapped in two flour tortillas on a bed of black beans, smothered in spicy red salsa and cheddar cheese \$9.99

Add avocado or bacon (\$1.59 ea)

Hoppin' Highland

Louisiana style black eyed peas (vegetarian) served over our stone ground grits, topped with grape tomatoes & Vermont cheddar crisp Sm. 3.95 Large \$5.99

Shrimp & Grits

Stone ground grits with sautéed seasoned gulf shrimp and a creamy jalapeno cheese sauce, served with grilled jalapeno focaccia and chopped cilantro \$12.99

Country Fried Steak Benedict

Eggs poached medium with country fried steak topped with jalapeno cheddar cheese sauce on a toasted biscuit, with potatoes or grits \$11.99

Fried Chicken Benedict

Eggs poached medium with fried chicken topped with jalapeno cheddar cheese sauce on a toasted biscuit, with potatoes or grits \$10.99

Tofu Scramble

Seasoned tofu sautéed with mixed veggies with grits or potatoes & toast \$8.99

Oatmeal

Rolled oat cooked to perfection. Please allow 15 minutes for cooking served with steamed milk and brown sugar butter \$5.99

Yogurt, French cream, pecans, candied walnuts or blueberry compote (\$.99 ea)

\$.79 each

white cheddar. sprouts. tomatoes. peanut butter.

jalapeno cheese

toast \$1.39 avocado \$1.59

sides

jalapeno focaccia \$1.79 hummus \$2.29

\$2.59

turkey sausage (2), bacon (3), ham, tofu, potatoes, grits, or 2 eggs

SOYsage (2) \$2.79 fresh fruit cup \$2.99 2 egg whites **\$3.59**

\$3.99 smoked salmon, crabcake(1), shrimp(4) fried chicken (2)

grilled chicken

create your own omelet

with potatoes or grits \$6.29 + fillings

\$.59 each tomatoes red peppers, onions, corn sprouts, jalapenos cream cheese mushrooms

\$.79 each cheddar cheese turkey sausage black beans spinach \$1.29 each

goat cheese

seasonal veggies

bacon ham tofu

\$1.59 each

\$2.99 shrimp (3) salmon crabcake

\$1.79

SOYsage

The consumption of raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food borne illness.

soup & salad

House Salad

Mixed field greens, tomato, onion, sprouts and homemade croutons, served with balsamic vinaigrette

Full \$5.99 / Half \$3.99

*Add Chicken Salad, Tuna Salad, Grilled Chicken, or Fried Chicken for \$3.99
*CHICKEN SALAD CONTAINS NUTS

Spinach Salad

Fresh spinach, Goat cheese, strawberries and walnuts, served with balsamic vinaigrette.

Full \$6.99 / Half \$4.59

*Add Chicken Salad, Tuna Salad, Grilled Chicken, or Fried Chicken for \$3.99

Caprese Salad

Fresh mozzarella, basil and tomatoes on a bed of mixed greens, with balsamic vinaigrette and baguette slices \$8.99

Thai Peanut Salad

Chicken or tofu with glass noodles, basil, carrots, and red peppers on a bed of spring mix with peanut sauce **\$8.99** substitute shrimp (\$1.19)

White Chicken Chili

Roasted chicken, summer corn, roasted red peppers and onion, topped with Vermont cheddar and served with a slice of jalepeno focaccia Cup \$3.59 Bowl \$5.99

Soup of the Day Cup \$3.59 Bowl \$5.99

Half & Half

½ of one of our sandwiches (Crab Burger + \$2.19) and a cup of soup *Sandwiches on Kaisers will be on honey wheat \$8.99

sandwiches

Served with chips & a pickle. Substitute fresh fruit, grits or potatoes for \$1.19 Substitute a House or Spinach salad for \$2.59 Substitute Cup of Soup or Cup of Chicken Chili \$3.09

Hummus

Hummus spread on grilled sourdough, served with Vermont white cheddar cheese, tomatoes, spring mix, sprouts, red onion and balsamic vinaigrette \$7.99

Mediterranean

Rosemary garlic bread grilled and layered with fresh basil pesto, goat cheese, spring mix and ripe tomatoes, served with roasted turkey or vegetarian \$6.99 Vegetarian or \$7.99 with Turkey
*PESTO CONTAINS NUTS

Grilled Cheese

Vermont white cheddar on rosemary garlic bread \$5.99

*Add sprouts or tomato \$.79, bacon or avocado \$1.59

Crab Burger

Grilled lump meat crab burger, lettuce & tomato with a spicy remoulade on a grilled kaiser roll \$10.99

Roast Beef

Roast beef topped with fresh lettuce, tomato, onion, Vermont white cheddar and our spicy remoulade sauce on grilled sourdough

\$7.99

BBQ Sandwich

Slow roasted pulled pork or chicken, smothered in our BBQ sauce, topped with creamy coleslaw, and served on a toasted kaiser roll \$8.99

Caprese Sandwich

Fresh mozzarella, basil, tomatoes, balsamic vinaigrette and olive oil on grilled sourdough \$8.99

Italian Vegetable

Roasted red pepper, zucchini, squash, mushrooms with red pepper pesto, fresh basil and tomato on ciabatta bread

\$8.99

Italian chicken

Red pepper pesto, fresh basil, tomato, with roasted chicken on ciabatta bread

\$9.99

Albacore Tuna Salad Made with mango, mayo, fresh cilantro and jerk seasoning, with lettuce, tomato and mayo on a kaiser roll \$7.99

Curried Chicken Salad

Roasted chicken salad made with red grapes, curried mayonnaise and toasted pecans, with lettuce and tomato on our kaiser roll
*CHICKEN SALAD CONTAINS NUTS
\$7.99

Highland Ham & Cheese

Vermont white cheddar cheese melted with black forest ham served on a whole wheat baguette with a roasted garlic mayo, spring mix and tomato \$7.99

Herb Roasted Turkey

Herbed turkey with apricot mayo, avocado, tomato and lettuce, drizzled with balsamic vinaigrette on grilled honey wheat **\$7.99**

Thai Wrap

Chicken or tofu with glass noodles, basil, carrots, red peppers and lettuce, wrapped in a flour tortilla **\$8.99** substitute shrimp \$1.19

Pimento Cheese

Vermont white cheddar pimento cheese with tomato slices on grilled sourdough

\$6.99

Reuben

Swiss cheese, sauerkraut, Russian dressing, corned beef, served on rye bread \$8.99

Corned Beef

Corned beef, spicy mustard, Swiss cheese, served on rye bread

\$8.99

The consumption of raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food borne illness.

drinks*

Bottomless Coffee \$2.65 Americano, Café Au Lait \$1.85 Cappuccino, Latte, Chai Latte \$3.25 Mocha \$3.50 White Mocha \$3.60 Hot Chocolate \$2.65 Hot Tea \$1.75 Hot Cider \$1.95

Bottled Water \$1.10 Spritzers \$1.50 Coke, Diet Coke or Sprite \$1.00, Sweet, Unsweetened Tea \$1.95, Orange, Apple, or **Cranberry Juice \$1.75/\$2.50**

*Sub Soy Milk, extra espresso shot, flavor shot, breve or Iced in any drink .55

Substitutions are welcome on some items; please check with your server for pricing let us cater your next event ask to see our cake portfolio

www.highlandbakery.com