



# Spring 2016 Bakery-Cafe Menu

## We are Panera Bread

And we believe that good food, food you can feel good about, can bring out the best in all of us. Food served in a warm, welcoming environment, by people who care. To us, that's good eating and that's why we're here.

## Allergen Statement

Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Before placing your order, please inform your server if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.

## WHAT WE'RE CELEBRATING

### Your favorite soups, only cleaner.

For the past two years our food team has been hard at work remaking our bakery-cafe soups with totally clean ingredients. After careful consideration of each ingredient in each and every soup, and finding better, cleaner alternatives for anything that didn't measure up, we've made it. And now every one of our soups is something you can indulge in and feel good about eating.

No matter which Panera soup you dunk your spoon into, you'll never slurp a single artificial preservative, sweetener, color or flavor. What's not to love about that?

Learn more about our soup saga – and find out just how many tries it took to get our clean Broccoli Cheddar exactly right – at [PaneraBread.com](http://PaneraBread.com).

## BREAKFAST SANDWICHES

### Steak & Egg

Egg, Vermont white cheddar and seared steak on our Everything Bagel.

### Sausage, Egg & Cheese

Egg, Vermont white cheddar and sausage on Ciabatta.

### Mediterranean Egg White

Egg whites, Vermont white cheddar, tomato sofrito, fresh spinach and nut-free basil pesto on Ciabatta.

### Bacon, Egg & Cheese

Egg, Vermont white cheddar and applewood-smoked bacon on Ciabatta.

### Asiago Bacon, Egg & Cheese

Egg, Vermont white cheddar and applewood-smoked bacon on our Asiago Cheese Bagel.

### Egg & Cheese

Egg and Vermont white cheddar on Ciabatta.

## BREAKFAST POWER SANDWICHES

### Ham, Egg & Cheese

Egg, Vermont white cheddar and smoked, lean ham on Whole Grain.

### Avocado, Egg White & Spinach

Egg whites, Vermont white cheddar, avocado, fresh spinach and tomato on our Sprouted Grain Bagel Flat.

### Turkey Sausage, Egg White & Spinach

Turkey sausage cooked into egg whites, Vermont white cheddar, fresh spinach and tomato on a Sprouted Grain Bagel Flat.

## BREAKFAST FAVORITES

### Steel Cut Oatmeal

With strawberries, pecans and cinnamon crunch topping.

### Power Almond Quinoa Oatmeal

Steel cut oatmeal topped with quinoa, almonds, cinnamon and honey.

### **New** Honey Almond Greek Yogurt Parfait

Greek yogurt with toasted almonds and honey.

### Strawberry Granola Parfait

Low-fat, vanilla yogurt and maple butter pecan granola with whole grain oats and fresh strawberries.

## Seasonal Fruit Cup

## BAKED EGG SOUFFLÉS

Savory ingredients and egg baked in our sweet French inspired pastry. Available in: **New** Spinach, Mushroom & Sofrito, Four Cheese, Spinach & Artichoke, Spinach & Bacon

## BAGELS & CREAM CHEESE SPREADS

### Bagels

Plain, Sprouted Grain Flat, Whole Grain, Everything, Sesame

### Specialty Bagels

Chocolate Chip, French Toast, Blueberry, Cinnamon Swirl & Raisin, Cinnamon Crunch, Asiago Cheese

### Bagel Pack

13 bagels, 2 tubs of spreads.

### Dozen & a Half

18 bagels

### Baker's Dozen

13 bagels

### Half Dozen

6 bagels

## Cream Cheese Spreads

Plain and Reduced-Fat: Plain, Hazelnut, Roasted Vegetable Medley, Chive & Onion, Wild Blueberry, Honey Walnut

## PASTRIES & SWEETS

### Pastries

Pastry Ring, Cinnamon Roll, Cobblestone, Pecan Roll, Bear Claw, Pecan Braid, Cheese Pastry, Chocolate Pastry, Cherry Pastry, French Croissant

### Scones

**It's Back** Triple Berry, Wild Blueberry, Cinnamon Crunch, Orange, Mini Scones Variety Pack (3 Triple Berry, 3 Wild Blueberry & 3 Orange)

### Muffins

Blueberry with Fresh Blueberries, Pumpkin, Apple Crunch, Cranberry Orange\*

### Muffins

Chocolate Chip, Pumpkin

### Cakes & Brownies

Cinnamon Crumb Coffee Cake, Carrot Cake with Walnuts, Double Fudge Brownie with Icing

### Cookies

Shortbread, Chocolate Chipper, Oatmeal Raisin, **New** Gluten Conscious Triple Chocolate Cookie with Walnuts, **New** Gluten Conscious Monster Cookie with Nuts, Candy Cookie, **It's Back** Tulip Cookie\*

\* Available while supplies last.

## FRESHLY BAKED BREADS

All of our breads are made from fresh dough using our own recipes and only unbleached flour, and freshly baked every morning and throughout the day.

### Artisan Breads

Country, French, Rye, Whole Grain

### Specialty Breads

Sourdough, Tomato Basil, Asiago Cheese, Classic White, Ciabatta, Cinnamon Raisin Swirl, Sea Salt Focaccia, Asiago Cheese Focaccia, Honey Wheat

## DRINKS

### COFFEE, ESPRESSO & HOT DRINKS

Available iced or hot, in decaf and with almond or skim milk. Additional shots of espresso, flavored syrups or whipped cream available for an additional charge.

### Freshly Brewed Coffee

Light Roast, Dark Roast, Hazelnut, Decaf

### Caramel Latte

Espresso, foamed milk and caramel topped with whipped cream and caramel sauce.

### Chai Tea Latte

Brewed black tea, honey, vanilla, cardamom, cinnamon, ginger and foamed milk.

### Caffe Mocha

Espresso, foamed milk and chocolate topped with whipped cream and chocolate sauce.

### Caffe Latte

Espresso and foamed milk.

### Cappuccino

Espresso and foamed milk with a cap of foam.

### Signature Hot Chocolate with Chocolate Chip Marshmallows

Bittersweet chocolate flavored syrup mixed with foamed milk and topped with whipped cream and salted caramel sauce.

### Hot Teas

A variety of “The Republic of Tea” offerings.

### Espresso

## LOW-FAT FRUIT SMOOTHIES

### Mango

Mango fruit base mixed with orange juice and banana puree blended with low-fat vanilla yogurt and ice.

### Strawberry

Strawberry fruit base with a mix of fruit purees and juice concentrates, blended with low-fat vanilla yogurt and ice.

### Strawberry Banana

Strawberry and apple puree, grape juice concentrate and one whole banana blended with low-fat vanilla yogurt and ice.

## POWER SMOOTHIES

### Green Passion Power

Peach and mango puree and white grape and passionfruit juice concentrates blended with fresh spinach and ice.

### **New** Blueberry Pomegranate Power with coconut milk

A mixture of blueberry puree, pomegranate and beet juice concentrates blended with coconut milk, Chia seeds and ice.

### Superfruit Power

A mixture of fruit and berry purees and juice concentrates blended with organic, non-fat plain Greek yogurt and ice.

## FROZEN DRINKS

### Frozen Caramel

Caramel and an icy coffee blend topped with whipped cream and caramel sauce.

### Frozen Mocha

Chocolate and an icy coffee blend topped with whipped cream and chocolate sauce.

## BEVERAGES

Iced Chai Tea Latte, Iced Green Tea, Seasonal Iced Tea ( **It's Back** Açai Berry Green, Black or **New** Plum Ginger Hibiscus), Lemonade, Soft Drinks, BluePrint® Juice Green or Red, San Pellegrino® Sparkling Water and Sparkling Fruit Beverages, Bottled Water, Strawberry Paradise Juice, Premium Orange Juice, Joia® Grapefruit Soda, Iced Coffee, Organic Apple Juice, Organic White or Chocolate Milk

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**YOU PICK 2®**

Combine two items: ½ Salad, ½ Sandwich,  
1 Flatbread, ½ Mac & Cheese or a Cup of Soup  
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**PANINI & SANDWICHES**

**New Roasted Turkey & Caramelized Kale Panini**

Roasted turkey raised without antibiotics,  
caramelized kale blend and fresh mozzarella on  
Black Pepper Focaccia.

**New Steak & Arugula**

Seared steak, arugula, vine-ripened tomatoes,  
pickled onions, garlic and herb cream cheese spread  
and mustard horseradish sauce on Sourdough.

**Roasted Turkey & Avocado BLT**

Roasted turkey breast raised without antibiotics,  
applewood-smoked bacon, lettuce, vine-ripened  
tomatoes and avocado with reduced-fat olive oil  
mayo on Sourdough.

**Steak & White Cheddar Panini**

Seared steak, caramelized onions, Vermont white  
cheddar and horseradish sauce on French Baguette.

**Italian Combo**

Seared steak, smoked turkey breast, smoked, lean  
ham, salami, Swiss, peperoncini, lettuce, vine-  
ripened tomatoes, red onions and special sauce on  
Ciabatta.

**Bacon Turkey Bravo®**

Smoked turkey breast, applewood-smoked bacon,  
smoked Gouda, lettuce, vine-ripened tomatoes and  
signature sauce on Tomato Basil.

**Frontega Chicken Panini®**

Smoked, pulled chicken raised without antibiotics,  
mozzarella, vine-ripened tomatoes, red onions,  
chopped basil and chipotle mayo on Focaccia.

**Napa Almond Chicken Salad**

Chicken raised without antibiotics, diced celery,  
seedless grapes, almonds and special dressing  
with lettuce and vine-ripened tomatoes on Sesame  
Semolina.

**Sierra Turkey**

Smoked turkey breast, field greens, red onions and  
chipotle mayo on Asiago Cheese Focaccia.

**Classic Grilled Cheese**

Sliced American cheese on Classic White Bread.

**Mediterranean Veggie**

Zesty Peppadew™ piquant peppers, feta, cucumbers,  
lettuce, vine-ripened tomatoes, red onions and  
cilantro-jalapeño hummus on Tomato Basil.

**Turkey Breast**

Smoked turkey breast, lettuce, vine-ripened  
tomatoes, red onions, salt and pepper on Country  
Bread.

**Tuna Salad**

Special recipe tuna salad, lettuce, vine-ripened  
tomatoes and red onions with salt and pepper on  
Honey Wheat.

**Ham & Swiss**

Smoked, lean ham, Swiss, lettuce, vine-ripened  
tomatoes, red onions, salt and pepper on Rye.

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**FLATBREAD SANDWICHES**

**Chicken, Ham & Swiss**

Chicken raised without antibiotics, smoked, lean  
ham, Swiss, arugula, garlic and herb cream cheese  
spread and spicy brown mustard on whole grain  
flatbread.

**Roasted Turkey Cranberry\***

Roasted turkey raised without antibiotics, cranberry  
mostarda and baby spinach with garlic and herb  
cream cheese spread on whole grain flatbread.

**It's Back Thai Chicken**

Chicken raised without antibiotics, cilantro-jalapeño  
hummus, napa cabbage blend and cilantro with  
peanut sauce and low-fat Thai chili vinaigrette on  
whole grain flatbread.

**It's Back Mediterranean Chicken**

Chicken raised without antibiotics, curried lentil  
hummus, feta, cucumber and napa cabbage blend  
with tzatziki sauce on whole grain flatbread.

**Tomato Mozzarella**

Fresh mozzarella, fresh tomatoes and tomato sofrito,  
baby arugula and nut-free basil pesto with freshly  
squeezed lemon on whole grain flatbread.

\* Available while supplies last.

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**HAND-TOSSED SALADS**

**New Chicken Soba Noodle with peanut sauce**

Soba noodles with napa cabbage blend, peanut  
sauce and low-fat Thai chili vinaigrette, served with  
chicken raised without antibiotics, spinach, sesame  
seeds and cilantro tossed in orange miso dressing.

**Power Kale Caesar with Chicken**

Chicken raised without antibiotics, kale, romaine and  
parmesan tossed with Caesar dressing and topped  
with parmesan crisps.

**Thai Chicken**

Chicken raised without antibiotics, romaine, Thai  
cashews, fire-roasted edamame, red pepper and  
carrot blend, cilantro and wonton strips tossed  
with low-fat Thai chili vinaigrette and drizzled with  
peanut sauce.

**Chicken Cobb with Avocado**

Chicken raised without antibiotics, romaine, vine-  
ripened tomatoes, applewood-smoked bacon,  
Gorgonzola and cage-free egg tossed with herb  
vinaigrette and topped with avocado.

**New Recipe Mediterranean Quinoa with almonds**

Kale, romaine, cucumbers, tomato sofrito, kalamata  
olives, quinoa and toasted almonds tossed with  
Greek dressing.

**BBQ Chicken**

Chicken raised without antibiotics, romaine,  
southwest corn blend and frizzled onions tossed with  
BBQ ranch dressing and drizzled with BBQ sauce.

### **Fuji Apple Chicken**

Chicken raised without antibiotics, field greens, romaine, vine-ripened tomatoes, red onions, pecans, Gorgonzola and apple chips tossed with sweet white balsamic apple vinaigrette.

### **Classic with Chicken**

Chicken raised without antibiotics, field greens, romaine, vine-ripened tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

### **New Recipe Chicken Caesar**

Chicken raised without antibiotics, romaine, asiago-parmesan and homemade black pepper focaccia croutons tossed with Caesar dressing.

### **Asian Sesame Chicken**

Chicken raised without antibiotics, romaine, cilantro, sliced almonds, sesame seeds and wonton strips tossed with Asian sesame vinaigrette.

### **Greek with Chicken**

Chicken raised without antibiotics, romaine, vine-ripened tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.

### **Classic**

Field greens, romaine, vine-ripened tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

### **New Recipe Caesar**

Romaine, asiago-parmesan and homemade black pepper focaccia croutons tossed with Caesar dressing.

### **Greek**

Romaine, vine-ripened tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.

### **BROTH BOWLS**

Add a ½ Salad, ½ Sandwich, Cup of Soup or 1 Flatbread for an additional charge.

### **New Thai Garden Chicken Wonton**

Ginger-chicken wontons, fresh broccoli, spinach, napa cabbage blend, roasted mushroom and onion blend and low-fat Thai chili vinaigrette with cilantro and sesame seeds in our hen broth.

### **New Ricotta Sacchetti with Chicken**

Purse-shaped sacchetti pasta filled with a six-cheese blend, chicken raised without antibiotics, fresh broccoli, spinach, tomato sofrito and nut-free basil pesto with fresh lemon and parmesan in our hen broth.

### **Lentil Quinoa Bowl**

**Chicken Raised Without Antibiotics or Cage-Free Egg**  
Quinoa and brown rice, lentil blend, tomato sofrito, fresh kale and spinach with a lemon wheel in our umami soy-miso broth.

### **PASTA & MAC**

#### **Chicken Tortellini Alfredo**

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with smoked, pulled chicken raised without antibiotics and asiago-parmesan. Add a ½ Salad, ½ Sandwich, Cup of Soup or 1 Flatbread for an additional charge.

#### **Mac & Cheese**

Shell pasta tossed in a blend of creamy cheese sauce and tangy Vermont white cheddar cheese.

### **SOUPS**

Available in a Bowl or Sourdough Bread Bowl. For today's soup schedule please visit [PaneraBread.com](http://PaneraBread.com).\*

#### **Low-Fat All-Natural Chicken Noodle Soup**

Fresh vegetables and tender all-white meat chicken breast simmered in a delicately seasoned chicken broth with traditional egg noodles. Served daily.

#### **New Recipe Vegetarian Creamy Tomato Soup**

Vine-ripened pear tomatoes pureed with fresh cream with hints of red pepper and oregano, topped with homemade black pepper focaccia croutons. Served daily.

#### **Broccoli Cheddar Soup**

Chopped broccoli, shredded carrots and select seasonings in a smooth cheese sauce. Served daily.

#### **It's Back Bistro French Onion**

Sweet onions in a savory broth with classic sherry wine vinegar gastrique and sea salts, topped with gruyere and homemade black pepper focaccia croutons. Served daily.

#### **Turkey Chili\***

Hearty blend of dark meat turkey raised without antibiotics and tender beans, slow cooked with veggies and spices. Served daily.

#### **Low-Fat Vegetarian Black Bean Soup**

Black beans in a spicy vegetarian broth with onions, red pepper, garlic and cumin. Served Sunday, Tuesday, Thursday and Saturday.

#### **Cream of Chicken & Wild Rice Soup**

Long grain and wild rice, celery, onions, carrots and diced chicken in chicken broth with cream and herbs. Served Sunday, Tuesday, Thursday and Saturday.

#### **Baked Potato Soup**

Home-style cuts of russet potatoes with select seasonings and smoked bacon in cream sauce with spring onion and chives. Served Monday and Wednesday.

**Low-Fat Vegetarian Garden Vegetable Soup with Pesto**

Diced tomatoes, zucchini, yellow beans, fresh Swiss chard, cauliflower, bell peppers and pearly barley in a tomato broth garnished with nut-free basil pesto. Served Monday, Wednesday and Friday.

**New England Clam Chowder**

Chopped sea clams, diced potato, celery, onions and seasonings in a creamy broth. Served Friday.

\*Soup offerings at local bakery-cafes may differ.

\*\*Available while supplies last.

**PANERA KIDS™**

Served with a choice of squeezable organic yogurt, apple or baguette.

**Half Salad**

Choice of Classic, [New Recipe](#) Caesar or Greek Salad.

**Mac & Cheese**

Shell pasta tossed in a blend of creamy cheese sauce and tangy Vermont white cheddar cheese.

**Cup of Soup**

Check soup schedule at PaneraBread.com for daily availability.

**Cup of All-Natural Turkey Chili\***

Hearty blend of dark meat turkey raised without antibiotics and tender beans, slow cooked with veggies and spices.

**Peanut Butter & Jelly**

Creamy peanut butter and grape jelly on Classic White Bread.

**Grilled Cheese**

Organic American cheese grilled on Classic White Bread.

**Deli Sandwich**

Sliced American cheese and a choice of smoked, lean ham or smoked turkey breast served on Classic White Bread.

\*Available while supplies last.

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**PANERA CATERING**  
Order your favorite sandwiches, salads, soups and sweets, conveniently boxed for groups of five or more. Delivery is available. Contact your local catering coordinator for details, or order online at **PaneraBread.com**.

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