#### BALTIMORE COUNTY PUBLIC SCHOOLS Office of Food and Nutrition Services

This institution is an equal opportunity provider.

Menu subject to change without prior notice.

# **Interactive Menus Online**

Powered by Nutrislice

http://bcps.nutrislice.com/



What's for Breakfast/Lunch?

- Find out how many calories, carbohydrates, and sodium in each food item along with the picture
- Find out if there are any allergens in the foods you like



# 2016 **Elementary School Menu**



# **ELEMENTARY SCHOOL MEAL PRICES Breakfast \$1.40 / Reduced Price \$.30** Lunch \$2.90 / Reduced Price \$.40

For Free and Reduced Price Meals apply online at https://mealapps.bcps.org/lfserver/ EFORM.

Prepay for your child's meals! Visit www.myschoolbucks.com to enroll

#### Friday, April 1

Easter Holiday/Spring Break

Schools Closed



April 4 **Opening Day** 

Free Sports Shaped Cookies Go O's

A VARIETY OF MILK (1% WHITE, FREE WHITE/CHOCOLATE/ STRAWBERRY), **AND FRESH** FRUITS & VEGETABLES ARE AVAILABLE DAILY

# The Yogurt Box includes:

- Upstate Farms Yogurt
- String Cheese
- Granola Clusters or Swirl Roll
- Choice of Fruit, Vegetables and Milk



#### Monday, April 4

**Sports Shaped Chicken** Nuggets

Mozzarella Dippers

# **Yogurt Box Sports Shaped Cookies**

Mango Swirl Juice Marinara Sauce

Pears

# Tuesday, April 5

Popcorn Chicken w/ Cornbread Muffin Corn Dog

# **Yogurt Box**

Corn Sweet Potato Waffle Fries Peaches

# Wednesday, April 6

Pizza, Cheese or Pepperoni Chef Salad Box w/Turkev & Soft Pretzel

# **Yogurt Box**

Green Beans Spinach Salad Cinnamon Apples

Taco or Taco Salad w/ Scoops Chips Cheese Quesadillas

Thursday, April 7

### **Yogurt Box**

Seasoned Black Beans Salsa Mixed Fruit

#### Friday, April 8

Elem. Schools Close 3 Hrs. Early

**Chicken Nuggets** 

Yogurt Box w/Swirl Roll

Smile Potatoes Assorted Fresh Veggies Assorted Fruit

# Monday, April 11

Pancake w/Turkey Sausage

**Fish Nugget Shapes** w/Cornbread Muffin

**Yogurt Box** 

Sweet Potato Waffle Fries Assorted Fresh Veggies Mandarin Oranges

# Tuesday, April 12

Teriyaki Chicken w/ Teriyaki Rice Corn Dog

#### **Yogurt Box**

Corn Assorted Fresh Veggies Peaches

## Wednesday, April 13

Pizza, Cheese or Pepperoni Beef & Bean Chili w/ Scoops Chips

### **Yogurt Box**

Green Beans Cucumber Salad Pears

# Thursday, April 14

Orange Chicken w/Rice

Ham & Cheese Sub

#### **Yogurt Box**

Broccoli Carrot Sticks Strawberry Delight

# Friday, April 15

**Chicken Nuggets** Hamburger or Cheeseburger on Roll

Yogurt Box w/Swirl Roll

**Baked Beans** Assorted Fresh Veggies Assorted Fruit

The Office of Food and Nutrition Services is now using a beef pepperoni product that does not contain pork as an ingredient.

Indicates meatless item offered I on Monday

Monday, April 18 Mozzarella Dippers

> Chicken Drumstick & **Biscuit**

> > **Yogurt Box**

Smile Potatoes Marinara Sauce Peaches

Tuesday, April 19

Popcorn Chicken w/ Cornbread Muffin Corn Dog

**Yogurt Box** 

**Glazed Baby Carrots** Spinach Salad Pineapple

Wednesday, April 20

Pizza. Cheese or Pepperoni Chef Salad Box w/Ham & Soft Pretzel

**Yogurt Box** 

Broccoli w/Cheese Sauce Assorted Fresh Veggies Pears

Thursday, April 21

Taco or Taco Salad w/ Scoops Chips Cheese Quesadillas

**Yogurt Box** 

Salsa Refried Beans Mixed Fruit

Friday, April 22 **Chicken Nuggets** 

Macaroni & Cheese

Yogurt Box w/Swirl Roll

**Tossed Salad** Assorted Fresh Veggies Assorted Fruit

# Monday, April 25

Mozzarella Dippers **BBQ Grilled Chicken** Sandwich

**Yogurt Box** 

Marinara Sauce Corn Coleslaw **Applesauce** 

Tuesday, April 26

**Primary Election Day** 

Schools Closed

Wednesday, April 27

Pizza, Cheese or Pepperoni

Ham and Cheese Sub

**Yogurt Box** 

Green Beans Assorted Fresh Veggies Peaches

Thursday, April 28

Pasta w/Meat Sauce

**Hot Dog** 

**Yogurt Box** 

Caesar Side Salad Carrot Sticks Pineapple

Friday, April 29

**Chicken Nuggets** 

**Grilled Cheese** Sandwich

**Yogurt Box** 

**Baked Beans Tossed Salad** Assorted Fruit

\*In-Classroom Breakfast Schools. please visit www.bcps.org/offices/ofns for your offerings.



### BREAKFAST

An assortment of the following are offered daily; you may choose up to **two**:

OR

Choose one

Choose up to 2

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Choose one

## Monday

Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt

French Toast Sticks or Blueberry Muffin

100% Fruit Juice, Fresh. Canned or Dried Fruit Milk

# Tuesday

Cereal, Cereal Bar, Elf Grahams, String Cheese Animal Crackers, Yogurt

> Breakfast Pizza or Mini Cinnis

100% Fruit Juice, Fresh. Canned or Dried Fruit Milk

#### Wednesday

Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt

> Waffles or Oatmeal Chip Bar

100% Fruit Juice, Fresh. Canned or Dried Fruit Milk

#### **Thursday**

Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt

Breakfast Bun or Strawberry Pop-Tarts

100% Fruit Juice, Fresh. Canned or Dried Fruit Milk

# Friday

Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt

Flapstick

100% Fruit Juice, Fresh, Canned or Dried Fruit Milk