

TUCSON INTERNATIONAL ACADEMY

Breakfast Menu






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Bagel w/Cream Cheese, Fruit, Juice	2 Scrambled Eggs, w/Cheese, Fruit, Juice	3 Assorted Muffins, Fruit, Juice	4 Assorted Danish, Fruit, Juice	5
6	7 Chorizo Burrito, Fruit, Juice	8 Bagel w/Cream Cheese, Fruit, Juice	9 French Toast, Fruit, Juice	10 Assorted Muffins, Fruit, Juice	11 Assorted Danish, Fruit, Juice	12
13	14 Chorizo Burrito, Fruit, Juice	15 Bagel w/Cream Cheese, Fruit, Juice	16 Scrambled Eggs, w/Cheese, Fruit, Juice	17 Assorted Muffins, Fruit, Juice	18 NO SCHOOL	19
20	21 Chorizo Burrito, Fruit, Juice	22 Bagel w/Cream Cheese, Fruit, Juice	23 French Toast, Fruit, Juice	24 Assorted Muffins, Fruit, Juice	25 Assorted Danish, Fruit, Juice	26
27 	28 NO SCHOOL	29 Bagel w/Cream Cheese, Fruit, Juice	30 French Toast, Fruit, Juice	31 Assorted Muffins, Fruit, Juice	*A variety of milk is also offered...	 <small>CASSANDRA 2011</small>

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Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pepperoni Pizza, Green Beans, Orange Slices, Milk	2 Beef Tacos, Corn, Peaches, Milk	3 Chicken Tacos, Carrots, Apples, Milk	4 Spaghetti w/ Meatballs, Carrots, Watermelon, Milk	5
6	7 Chicken Nuggets, Corn, Apples, Milk	8 Pepperoni Pizza, Green Beans, Orange Slices, Milk	9 Bean & Cheese Burrito, Carrots, Banana, Milk	10 Sloppy Joe Sandwich, Mixed Veggies, Sliced Oranges, Milk	11 Chicken Quesadillas, Mixed Veggies, Peaches, Milk	12
13	14 Chicken Patty, Corn, Apple, Milk	15 Pepperoni Pizza, Green Beans, Orange Slices, Milk	16 Beef & Potato Tacos, Green Beans, Peaches, Milk	17 Spaghetti w/ Meatballs, Carrots, Banana, Milk	18 NO SCHOOL	19
20	21 Beef & Bean Tostada, Mixed Veggie, Banana, Milk	22 Pepperoni Pizza, Green Beans, Orange Slices, Milk	23 Chicken Burrito, Refried Beans, Apple, Milk	24 Cheese Quesadilla, Carrots, Peaches, Milk	25 Mac & Cheese, Corn, Banana, Milk	26
27 	28 NO SCHOOL	29 Pepperoni Pizza, Green Beans, Orange Slices, Milk	30 Turkey Corn Dog, Mixed Veggies, Apples, Milk	31 Orange Chicken w/ Rice, Carrots, Peaches, Milk	*Salad is served with every Meal..	

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