<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Student Holiday</strong></td>
<td><strong>Cheesy Breadsticks</strong></td>
<td><strong>Cheesy Breadsticks</strong></td>
<td><strong>Cheesy Breadsticks</strong></td>
<td><strong>Cheesey Breadsticks</strong></td>
</tr>
<tr>
<td><strong>Cheesy Breadsticks</strong></td>
<td><strong>Mandinara Fish</strong></td>
<td><strong>Steamed Sloppy</strong></td>
<td><strong>Steamed Sloppy</strong></td>
<td><strong>Crispy Chicken Sandwich</strong></td>
</tr>
<tr>
<td><strong>Steamed Sloppy</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
<tr>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
<td><strong>Cheesy Fish</strong></td>
</tr>
</tbody>
</table>

**Did you know?**

- Your child has the choice of two entrées at lunch and breakfast each day.
- That with a choice of entrée, your child can have one of each side item. Duplicated items must be paid for at the time of purchase.
- At both meals, your child is required to choose a fruit or a vegetable with their meal.
- *Denotes menu items that are at least 50% whole grain or contain grain/bread items that are at least 50% whole grain.
- Menu choices are subject to change due to promotions and activities.

**What is CEP and what does it mean for me?**

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Clarke County schools are eligible to receive **breakfast and lunch at no cost**.
- Parents will no longer be required to submit free & reduced applications.

*USDA is an equal opportunity provider and employer.*
10 Reasons to Join Us for School Breakfast & Lunch!

1. Clarke County serves up delicious meals every day!
2. School breakfast and lunch offer all the components children need to build balanced & nutritious plates.
3. School meals provide choices that are kid-friendly and appealing to students in all grade levels.
4. It’s no secret that breakfast is the most important meal of the day! School breakfast provides all the nutrients students need to kick-start the day and activate their brains for learning.
5. All grain items served in school meals are 100% whole grain rich, which is beneficial for heart health, healthy digestion, and weight management.
6. A variety of fruits & vegetables is offered at every meal, empowering students to make choices from a selection of healthy options.
7. Participation in school breakfast and lunch can save valuable time for parents at home.
8. You can help support the local economy here in GA! Clarke County menus feature fresh fruits & vegetables grown by GA farmers.
9. It’s cost-effective! With CEP, all students in Clarke County schools are eligible to receive their meals at no cost.
10. And finally... because we would love to have you!

Don’t forget to visit the Athens Farmer’s Market!
Saturdays @ Bishop Park, 8 AM-NOON
&
Wednesdays @ Creature Comforts Brewing Company, 4-7 PM

Locally-Grown Georgia Items

This month we are spotlighting...
- Red Mule Grits from Mills Farm in Athens, GA
- Apples from Blue Haven Orchard, Clayton, GA
- Watermelon from Franklin Farms, Habersham Co., GA
- Bell Peppers & Cabbage from Osage Farms, Rabun Gap, GA

Regional Items:
- Summer Squash from Deal Family Farms, Franklin, NC
- Peaches from South Carolina
- Green Beans from South Carolina

Wellness Update

Meetings will be held throughout the school year to keep the district and school wellness councils on track.
- Tuesday, September 1, 2015
- Tuesday, November 10, 2015
- Tuesday, February 23, 2015

Find the list of wellness champions at www.clarke.k12.ga.us.

Congrats to...
Barrow Elementary
Timothy Road Elementary
for receiving the Bronze Level in the Alliance for a Healthier Generation’s Healthy School Program.
Have fun in Washington, D.C. this fall!

“USDA is an equal opportunity provider and employer.”