<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Asian Chicken Bites &amp; Rice&lt;br&gt;Sweet &amp; Sour Chicken &amp; Rice&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>2. Rotini &amp; Meat Sauce w/ Breadstick&lt;br&gt;Cheesy Breadsticks &amp; Marinara&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>3. Jambalaya&lt;br&gt;Crispy Chicken Sandwich&lt;br&gt;Garlic &amp; Cheese Flatbread&lt;br&gt;Supreme Pizza&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>4. Buffalo Chicken Bites&lt;br&gt;Hamburger or Cheeseburger&lt;br&gt;Pizza (Cheese or Pepperoni)&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td></td>
</tr>
<tr>
<td><strong>Follow us on Twitter!</strong>&lt;br&gt;@ccsdnutrition</td>
<td>7. Beef Tacos*&lt;br&gt;Beef &amp; Cheese Nachos*&lt;br&gt;Pizza (Cheese or Pepperoni)&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>8. Chicken Pot Pie&lt;br&gt;Grilled Cheese Sandwich&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>10. Holiday Ham w/ Yeast Roll*&lt;br&gt;Hot Dog&lt;br&gt;Garlic Cheese Flatbread&lt;br&gt;Supreme Pizza&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>11. Crispy Chicken Bites&lt;br&gt;Spicy Chicken Sandwich&lt;br&gt;Pizza (Cheese or Pepperoni)&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
</tr>
<tr>
<td>9. Beef Chili &amp; Confetti Cornbread&lt;br&gt;Grilled Chicken Sandwich&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>12. Cornbread Frittata&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>13. Chicken Tenders &amp; French Bread&lt;br&gt;Sloppy Joe Sandwich&lt;br&gt;Garlic &amp; Cheese Flatbread&lt;br&gt;Supreme Pizza&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>17. Crispy Chicken Sandwich&lt;br&gt;Fish Sandwich&lt;br&gt;Pizza (Cheese or Pepperoni)&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>18. Crispy Chicken Sandwich&lt;br&gt;Fish Sandwich&lt;br&gt;Pizza (Cheese or Pepperoni)&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
</tr>
<tr>
<td>Sides:&lt;br&gt;Edamame Succotash&lt;br&gt;Glazed Carrots&lt;br&gt;Fresh Vegetables &amp; Dip&lt;br&gt;Peaches&lt;br&gt;Freshly-baked Cookie*</td>
<td>Sides:&lt;br&gt;Steamed Kernel Corn&lt;br&gt;Garden Salad&lt;br&gt;Steamed Broccoli&lt;br&gt;Fresh Bananas&lt;br&gt;Mandarin Oranges&lt;br&gt;Ice Cream</td>
<td>Sides:&lt;br&gt;Baked Sweet Potato&lt;br&gt;Steamed Cabbage&lt;br&gt;Fresh Vegetables &amp; Dip&lt;br&gt;Fresh Grapes&lt;br&gt;Pineapple</td>
<td>Sides:&lt;br&gt;Herb–Roasted Potatoes&lt;br&gt;Carrots &amp; Dip&lt;br&gt;Coleslaw&lt;br&gt;Seasonal Fresh Fruit&lt;br&gt;Manager’s Choice Fruit</td>
<td>Sides:&lt;br&gt;Crinkle Cut Fries&lt;br&gt;Carrots &amp; Dip&lt;br&gt;Seasonal Fresh Fruit&lt;br&gt;Raisins</td>
</tr>
<tr>
<td>Sides:&lt;br&gt;Roasted Corn &amp; Bell Peppers&lt;br&gt;Shredded Lettuce, Salsa, &amp; Guacamole&lt;br&gt;Charro Beans&lt;br&gt;Fresh Orange&lt;br&gt;Pears&lt;br&gt;Fresh Jalapenos, Cilantro, &amp; Olives</td>
<td>15. Oven-roasted Chicken &amp; Yeast Roll&lt;br&gt;BBQ Pork Sandwich&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>16. Steak &amp; Gravy with Yeast Roll&lt;br&gt;Turkey &amp; Cheese Croissant&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>Sides:&lt;br&gt;Roasted Butternut Squash&lt;br&gt;Steamed Cabbage&lt;br&gt;Fresh Vegetables &amp; Dip&lt;br&gt;Peaches</td>
<td>21.</td>
</tr>
<tr>
<td>14. Chicken Fajitas&lt;br&gt;Bean &amp; Cheese Burrito&lt;br&gt;Pre-packaged Entrée Salad&lt;br&gt;PBJ Grab Bag</td>
<td>Sides:&lt;br&gt;Garden Salad&lt;br&gt;Tomato Soup&lt;br&gt;Fresh Vegetables &amp; Dip&lt;br&gt;French Grapes&lt;br&gt;Tropical Fruit&lt;br&gt;Ice Cream</td>
<td>Sides:&lt;br&gt;Steamed Kernel Corn&lt;br&gt;Garden Salad&lt;br&gt;Vegetable Soup&lt;br&gt;Fresh Banana&lt;br&gt;Peaches</td>
<td>Sides:&lt;br&gt;Roasted Butternut Squash&lt;br&gt;Steamed Cabbage&lt;br&gt;Fresh Vegetables &amp; Dip&lt;br&gt;Tropical Fruit&lt;br&gt;Freshly-baked Cookie</td>
<td>28.</td>
</tr>
</tbody>
</table>
| Winter Holiday! School resumes Jan. 5, 2016 | This institution is an equal opportunity provider.
**Hot Chocolate Truffles**

**Ingredients:**
- 12 ounces semisweet chocolate chips
- 1 cup heavy cream
- 1 Tbsp sugar
- 1/8 tsp salt

**Steps:**
1. In a medium bowl, combine all ingredients. Microwave for one minute intervals, stirring often, until mixture is very smooth & silky.
2. Cool mixture for 10 minutes, then cover & place in the refrigerator for 2-3 hrs.
3. Once mixture is firm, scoop out 1/4 cup spoonfuls. Place on waxed paper lined baking sheet and put back in the fridge for 20 minutes.
4. Roll chilled mounds into balls, then wrap in plastic wrap. Freeze until ready to use.
5. To make some hot chocolate, unwrap ball and place in microwave safe mug, add 1 1/4 cup of milk. Heat for 2 minutes. Stir well & enjoy!

---

**STAY ACTIVE OVER THE HOLIDAYS**

It is okay to play in the cold, just be sure to cover your head, fingers, & toes! Wearing layers is the best way to stay warm too.

1. Visit an elementary school playground. Our sites are open for play even when school is out!
2. Check out a park. ACC Leisure Services has activities planned at area parks throughout the holiday break.
3. Take the family on an outdoor adventure through the neighborhood in the afternoon since afternoons tend to be the warmest part of the day.
4. Feeling extra festive? Head to the NC mountains for some fun in the snow. Ski slopes and tubing sites should be open in the coming weeks.

---

**Breakfast Menu**

**Monday**
- Choice of Entrée: Sausage Biscuit
- Breakfast Bun
- Cereal & Pop Tart

**Tuesday**
- Choice of Entrée: Chicken Biscuit
- PBJ Bar
- Cereal & Grahams

**Wednesday**
- Choice of Entrée: Egg & Cheese McMuffin
- Mini Cinnis
- Cereal & Pop Tart

**Thursday**
- Choice of Entrée: Chicken Biscuit
- Mini Pancakes
- Greek Yogurt & Granola

**Friday**
- Choice of Entrée: Donut
- Mini Waffles
- Cereal & Crackers

**Available Every Day:**
- 8 oz. Milk
- 4 oz. Juice
- Seasonal Fresh Fruit
- Manager’s Choice Fruit

---

**LOCALLY-GROWN GEORGIA ITEMS**

This month we are spotlighting...

- **Red Mule Grits** from Mills Farm in Athens, GA
- **Apples** from Blue Haven Orchard, Clayton, GA
- **Cabbage, Broccoli, & Cauliflower** from Robinson Fresh, Tifton, GA
- **Bell Peppers & Cabbage** from Osage Farms, Rabun Gap, GA
- **Butternut Squash** from Moore & Porter, Thomasville, GA
- **Collard Greens** from Wilkinson Cooper, Camilla, GA

---

**WELLNESS UPDATE**

Our second district wellness meeting took place on Tuesday, November 10th. We had a great turnout; all schools, but 1, were represented. Our wellness champions split up into two groups depending on their level. Elementary schools made up one group, and middle & high schools made up the other group.

Sessions were led by Sean Brock with the Alliance for a Healthier Generation & Sharon Rhodes with SUDIA. Sean focused on best practices in Physical Education; whereas, Sharon educated the champions on the various grant opportunities available through NFL’s Fuel Up to Play 60 program. For the entire meeting’s minutes, visit the ‘Wellness Efforts’ page at www.clarke.k12.ga.us/offices.cfm?subpage=43881.