

RIDEWEST

Charity Cycle Brisbane To Longreach To Aid The Royal Flying Doctor Service

MORE TALKING. GOOD MATES. BETTER HEALTH.

DATE: Wednesday, 26th March 2014

TIME: 12.00-2.30pm

VENUE: The Hall, Level 3, NAB Building,
700 Bourke Street Docklands

Entrance from the bridge between
Southern Cross Station & Etihad Stadium

COST: \$1200 per table (or \$120 per person)

[Click here to book a table online](#)
[Click here to book a seat online](#)

Early bookings are recommended.
Bookings are non-refundable.

Join us for the RideWest Melbourne Business Lunch to raise awareness and funds for the Royal Flying Doctor Service's programs for men's health.

Network with like-minded business people and hear from 3 key speakers as they share their personal experiences and roles in raising the awareness of talking up for Men's Health:

David Parkin, OAM – former AFL Coach, lecturer, academic and author of around a dozen books, David Parkin's "powerful, intelligent and compelling" style brings a motivating blend of sport, academic and business expertise.

Dr Bernard Crimmins – GP for 27 years and author of "Blokes Health 1 & 2 – A Doctor's Guide to the 3D's: Depression, Diabetes and Dicks!", Bernie brings a wealth of knowledge and humour.

Rob Cook – former Australian Rodeo Champion and survivor of a horrific Outback helicopter accident (falling from 200 feet), Rob's drive to "keep climbing, no matter the size of the mountain" inspires all.

For more information about RideWest, go to www.ridewest.com.au



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