# Sample <br> Monthly Expenses Worksheet 

| Mortgage payment or rent | $\begin{aligned} & \text { CURRENTLY } \\ & 1,100.00 \end{aligned}$ | $\begin{aligned} & \text { IN RETIREMENT } \\ & 975.00 \end{aligned}$ |
| :---: | :---: | :---: |
| Real estate taxes | 191.00 | 120.00 |
| Home repairs/improvements | 150.00 | 25.00 |
| Household repairs/replacements | 50.00 | 25.00 |
| Maintenance contracts | 0 | 0 |
| Telephone bill | 35.00 | 35.00 |
| Garbage | 42.00 | 42.00 |
| Water/sewer | 28.00 | 28.00 |
| Home heating | 150.00 | 110.00 |
| Other utilities | 45.00 | 45.00 |
| Groceries | 400.00 | 400.00 |
| Food at restaurants | 160.00 | 100.00 |
| New clothing | 100.00 | 25.00 |
| Cleaning bills | 50.00 | 10.00 |
| Personal expenses (cosmetics, haircuts) | 40.00 | 40.00 |
| Auto payments | 450.00 | 450.00 |
| Auto maintenance/repairs | 50.00 | 50.00 |
| Gas/oil | 60.00 | 60.00 |
| Parking | 0 | 0 |
| Licenses | 48.00 | 5.00 |
| Other transportation (bus, etc.) | 0 | 0 |
| Entertainment/recreation | 100.00 | 400.00 |
| Education (lessons, tuition, etc.) | 200.00 | 0 |
| Health insurance premiums | 42.00 | 82.00 |
| Medical/dental bills | 50.00 | 50.00 |
| Medication | 20.00 | 20.00 |
| Life/disability insurance premiums | 24.00 | 0 |
| Insurance (home and auto) | 27.00 | 22.00 |
| Child/parent/other support | 500.00 | 0 |
| Personal loan payments | 0 | 0 |
| Credit card payments | 100.00 | 0 |
| Liquor/tobacco | 0 | 0 |
| Pet supplies | 25.00 | 25.00 |
| Donations/contributions | 25.00 | 0 |
| Gifts | 20.00 | 20.00 |
| Other taxes | 989.00 | 558.00 |
| Other Retirement contributions | 835.00 | 0 |
| TOTAL EXPENSES | 6,106.00 | 3725.00 |

## MONTHLY NET INCOME WORKSHEET

Wages or salary, self
Wages or salary, partner
State retirement pension, self
State retirement pension, partner
Other pension, self
Other pension, partner
Veteran's pension
Social Security retirement, self
Social Security retirement, partner
Child support/Alimony
Income from rental property
Interest income (savings, etc.)
Bonds
Trust funds
Annuities
Treasury bills
Stocks
Mutual funds
Disability payments
Other income
Other income
TOTAL INCOME

CURRENTLY
3600.00
3100.00
$\qquad$

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$\qquad$
$\square$
$\qquad$
$\qquad$

52.00
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$\qquad$
$\qquad$
$\underline{L}$

6,752.00

3,777.00 Prior to 67
4,217.00 at age 67
IN RETIREMENT

| 0 |
| :---: |
| $2,025.00$ |
| $1,700.00$ |
| 0 |
| 0 |
| 0 |
| 265.00 |
| 175.00 |
| 0 |
| 0 |
| 52.00 |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| 0 |
| $3,777.00$ Prior to 67 |
| $4,217.00$ at age 67 |

## NET CASH FLOW

Total monthly income (from above)
Total monthly expenses
(from previous page)
DISCRETIONARY
MONTHLY INCOME

## CURRENTLY

| 6752.00 |
| ---: |
| $6,106.00$ |
| 646.00 |

IN RETIREMENT
3777.00
3725.00
52.00

