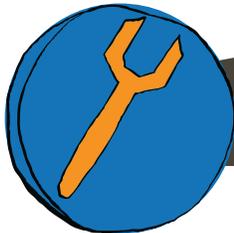


# My FAMILY IS SPECIAL



## TOOL 3H GIANT PUZZLE

### LINKED TO:

- Sections 3.2 & 3.3



### WHY?

- Helping families identify the needs of each individual
- Helping families affirm their relationships and connections in a relaxed and fun way



### WHO WITH?

- Works best with 3 to 6 family members or a small group of children



### TIME?

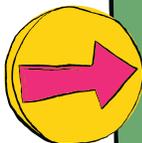
- 15 - 45mins



### YOU'LL NEED?

- Large piece of cardboard divided into puzzle pieces and almost cut completely out. Mark the back of each piece so that participants all make their collages on the correct side.
- Provide fabric pieces, magazines, crayons, glue, coloured paper, shapes, stickers, scissors

# My FAMILY IS SPECIAL



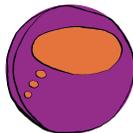
## WHAT TO DO:

- Each person chooses a large blank puzzle piece (made from cardboard).
- Provide pens, crayons, glue, fabrics, coloured and textured paper, magazines to cut up (both female and male themes). Each person creates a puzzle piece about themselves, things that are important to them, their needs and wants. Or you could use this to focus on a specific area or specific question.
- When everyone is finished, the facilitator supports participants to share a little about their puzzle piece and what it tells about them. After everyone has shared, ask if anyone noticed any similarities between puzzle pieces, any differences, any themes, any things they can all work on together, ways to support each other to reach their goals etc.
- Then participants put the puzzle pieces together to make the whole puzzle and, if they choose to, stick/glue these onto a big piece of cardboard and write individual names on each piece.



## SOMETHING DIFFERENT?

- If children want to be more involved in the activity get them to paint or draw pictures on the opposite side of the cardboard before beginning the activity.



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## TO THINK ABOUT:

- Try to stay back and observe how families organise themselves. Who helps who, who takes the lead with putting the puzzle together, are everyone's ideas listened to or just the oldest or loudest family members? This, as well as the content of the puzzle pieces, gives you some additional clues about family dynamics, roles, responsibilities and needs.

# Giant puzzle

