

<p>LEAP STATE PRESCHOOL (3-5 YRS) AM TEACHER: Heather Gasner 8:00-11:00 - Rm 13 - 619-390-2685</p> <p>PM TEACHER: Bridget Gambardella 11:30-2:30 - Rm 9 - 619-390-2533</p> <p>LEAP WRAP-AROUND CARE (2-5 YRS) CARE DIRECTOR: Robyn Bowman Rm 14 - 619-390-2391 Hours of operation: 6:30AM – 6:00PM</p>	<p>LEAP PRESCHOOL (3-5 YRS) AM TEACHER: Nicki Fisher 8:00-11:00 - Rm 9 - 619-390-2533</p> <p>AM/PM TEACHER: Catherine Calvert AM - 8:00-11:00 PM - 11:30-2:30 Rm 15 - 619-390-2587</p> <p>LEAP EARLY ADVANTAGE PRESCHOOL (2-3 YRS) AM TEACHER: Jannet Rosas-Davis 8:00-11:00 - Rm 8 - 619-390-2574</p>
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OCTOBER IS FIRE AWARENESS MONTH



The week of October 9 – October 15 is Fire Prevention week, sponsored by the National Fire Protection Association. It is a time to remember the importance of learning and teaching fire safety. “Young children are particularly vulnerable to the threat of fire, with children under five suffering a fire death rate of more than twice the national average,” says a director of the Learn Not To Burn Foundation. We can help change these frightening statistics by teaching children about fire safety. The LNTB Foundation has identified eight key fire safety behaviors: “Stay away from hot things that hurt; tell a grown-up when you find matches and lighters; stop, drop and roll; cool a burn; crawl low under smoke; know the sound of a smoke detector; practice an escape plan; and recognize the firefighter as a helper”. Here are a few simple and practical activities to help your child begin to learn about fire safety: Visit a fire station; Read simple books about fire fighters and fire safety; Keep matches and lighters locked away and teach your child that if he/she finds some, to immediately tell an adult; Learn the “Stop, drop and roll” technique; Make an escape plan with your whole family; Choose a meeting place outside. To learn more about Fire Safety for preschool children go to www.fireproofchildren.com . For fire safety games and activities in English, Spanish, or French go to www.playsafebesafe.com . To practice a fire escape plan go to www.homefiredrill.org and play the game, “Help Mikey Make it Out.”



KIDS NEWS



We had a great first month of school! We’re pleased to see how well the children are adapting to their new environment. They are remembering our preschool routine and following the classroom rules. Many of us have made some new friends and we will continue to work on this as a group throughout the year! Thank you for all your support and cooperation with this transition, we greatly appreciate it!!

PARENT HANDBOOK REVIEW

It is a requirement, for anyone dropping off and picking up your child, to sign his or her name on the DAILY ROSTER. They must write a full, readable, signature. We know this is hard for some, but we need to know who drops off and picks up your child for safety reasons, so, NO INITIALS and NO SCRIBBLES please. No one under the age of 16 may pick up your child at any time, or sign the child in or out.



REAL VS MAKE BELIEVE PLAY

Why are Superheroes so popular with preschool children?? By definition, superheroes are larger than life, courageous, powerful, and seemingly able to overcome any obstacle with great physical prowess while doing great deeds at the same time. Young children, facing the challenges of learning many new skills, may often feel small, helpless, fearful, unable to accomplish what they desire, or troubled—in other words, just the opposite of superheroes. It’s no wonder that many preschoolers are drawn to superhero play. Through play they can feel brave, fearless, in control of their world, outside the ordinary and just plain good!

One of the most important steps in fostering healthy superhero play is to be able to recognize the difference between action-oriented, rough and tumble play and true aggression. For example, typical, exuberant play includes falling down, hitting without hurting, diving, yelling or other loud mimicking vocalizations, etc... while aggressive play includes domination, threats, humiliation, or real hitting and fighting. Adults should step in and stop aggression when children stop having fun, show real anger or fear, or begin real hitting. When action-oriented play is confused with aggression, it’s more likely that both types of play will be stopped and children run the risk of losing the benefits of healthy free play.

Through play, children learn how to get along in the real world in a positive way. Through teachable moments and deliberate discussion, adults can help children understand the power of real heroism. The first steps in creating the heroes of tomorrow are to help preschoolers today believe in themselves and their ability to make a difference. They can begin this process in play!

PARENT ADVISORY COMMITTEE (PAC)

We would like to encourage you to be a part of our Parent Advisory Committee (PAC) and participate in 3 meetings per year to help give your ideas, suggestions, and comments about our preschool program. This year we will be meeting on Tuesdays, the following dates and times:

- ~ Oct 11-11:00-11:30am Rm 13 (Goals for year, Parent Volunteer opportunities)
- ~ Jan 10 11:00-11:30am Rm 13 (Review DRDP Assessment results, Parent surveys)
- ~ Mar 13th 11:00-11:30am Room 13 (Review Parent surveys, ECERS results, goals for next year)

PUMPKIN SMOOTHIE RECIPE

Ingredients per serving:

- ½ banana
- ¼ cup vanilla ice cream or frozen yogurt
- Pumpkin spice to taste
- 1 tablespoon canned pumpkin

Steps: *Use plastic knives to cut slices of banana and add to blender. Measure out ice cream and canned Pumpkin, add to blender. Add a sprinkle of Pumpkin Pie Spice to taste. Blend ingredients until mixed and foamy and enjoy!!



“Wherever life takes you...enjoy the ride!”

Please check the Preschool website for our monthly calendar and information at www.lsusd.net