

GP Mental Health Care Assessment, Plan & Review

GPs Completed Mental Health Skills Training

Item 2700
(20 mins - <40 mins)

Item 2701
(>40 mins)

GPs with Medicare Registered Mental Health Skills Training

Item 2715
(20 mins - <40 mins)

Item 2717
(>40 mins)

ASSESSMENT Date:

ADDRESS TO:

GP Name:	Address:
Provider No:	Phone:

Patient Demographics			
Name:		DOB:	
Address:		Age:	
Home Phone:		Mobile:	
Aboriginal/TSI?			
Family History:			

Patient Agreement
Obtained informed consent from patient: _____ to proceed with the GP Mental Health Care Plan Process: Yes? No?

Presenting Issues:

Relevant History

Past Mental Health Issues:

Other significant History:

Medication Lists

Mental Status Examination

Appearance and General Behaviour		Mood (Depressed/Labile)	
Thinking (Content/Rate/Disturbances)		Affect Flat/Blunted	
Perception (Hallucinations etc)		Sleep (Initial Insomnia/Early morning waking)	
Cognition (Level of consciousness/delirium/intelligence)		Appetite (Disturbed Eating Patterns)	
Attention & concentration		Motivation & Energy	
Memory (Short & long term)		Judgement (Ability to make rational decisions)	
Insight		Anxiety Symptoms (Physical & Emotional)	
Orientation (Time/place/person)		Speech (Volume/Rate/Content)	

Risk Assessment			
Suicidal ideation?		Suicidal intent?	
Mild/Moderate?		Mild/Moderate?	

Outcome tool used:	Score Result:
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Mental Health - Plan

Formulation - Main Problem/Diagnosis:

Goals	Actions/Treatments:

Referrals

Referred to (mental health provider name):

Other referral: E.g. Drug & Alcohol?

Crisis/Relapse Prevention Plan discussed:

Was a copy of the plan offered to the patient?	Yes? No?
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Mental Health - Review

1st Review Date:

Patient Name	
DOB	
GP	
Outcome Tool Results on review:	

Review comments: (Progress on goals and actions outlined in GP Mental Health Care Plan)

Other relevant Information:

2nd Review Date:

Patient Name	
DOB	
GP	
Outcome Tool Results on review:	

Review comments: (Progress on goals and actions outlined in GP Mental Health Care Plan)

Other relevant Information: