

BUDGETING WORKSHEET (suggested)

- Household budget -

Monthly Income		Spouse 1	Spouse 2	Other (monies received from a boarder, etc.)
	Salary or benefits (net)			
	Income from investments (interests and dividends)			
	Family allowances			
	Canada Child Tax Benefit (CCTB)			
	Other			
TOTAL				
Irregular or annual in	come (indicate the month			
this amount is received	d)			
Month:	Tax refund			
Month:	Bonus	-	· · · · · · · · · · · · · · · · · · ·	
Month:	Other	-	· · · · · · · · · · · · · · · · · · ·	
TOTAL			_	
TOTAL INCOME				

Monthly Expenses		Adult(s)	Children
Housing	Rent/Mortgage		
	Hydro		
	Heat		
	Telephone, Internet, cable		
	Municipal and school taxes		
	Insurance (fire, theft and liability)		
	Interior and exterior decor		
	Repairs/maintenance (plumbing, etc.)		
	Miscellaneous		
TOTAL			
Food	Groceries		
	Convenience stores		
	Restaurant meals / take-out		
	Meals at work / school		
	Other (receptions, etc.)		
TOTAL			
Clothing	Clothing		
	Care		
	Other		
TOTAL			



	1	
Health care	Dentist	
	Optometrist	
	Medication (prescriptions)	
	Drugstore	
	Other	
TOTAL		
Transportation	Public transit	
	Taxis	
	Car	
	Gas	
	Maintenance/ repairs	
	Insurance	
	Registration	
	Driver's licence	
	Parking	
	Other	
TOTAL		
Recreation and	Newspapers/magazines and	
Education	subscriptions	
	Books, records and videos	
	Lotteries	
	Courses	
	Sports	
	Outings	
	Vacations	
	Games, toys, bicycles, etc.	
	Other (hobbies, etc.)	
TOTAL		



Other			
expenses	Cell phone fees		
	Fees related to pets		
	Life insurance		
	Hairdressing		
	Alimony and child support		
	Childcare		
	Children's allowances		
	Gifts		
	Other (donations, bank service		
	charges, etc.)		
	RRSPs		
	Savings		
	Contingency Amount		
	Personal allowance		
	Tobacco and alcohol		
TOTAL			
Payments to Creditor(s)	Credit Card(s)		
	Car payment		
	Loan from financial institution		
	Other		
TOTAL			
		Adult(s)	Children
TOTAL EXPEN	ISES		
GRAND TOTA	L		

SUMMARY		
Income		
Expenses	(-)	
TOTAL	· ·	

Nota: If you are having problems completing or interpreting your budget, you can consult a budget counsellor.