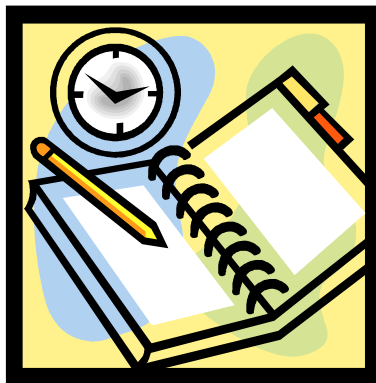


## Sample Daily After School Schedule



Dismissal of School - 4:00

Attendance & greeting of children  
Homework (with staff assistance)  
Snack (with Literary Activity such as story-cubes or readers)

Activity Centers Open (Reading, Board Games, Legos, Dramatic Play, Music, Science, Computer, Chill out area)

4:00-5:00

At least 2 special activities including  
1 hour of physical activity (outside if  
Weather permits, if not, inside\*)  
Activity Centers Open for Free Choice

Example of Daily Choice:  
Egyptian Kickball outside  
Zumba Dancing in the gym  
Cooking in the cafeteria

5:00-5:30

Activity Centers Open/Free Choice  
Continuation of any special activity

5:45-6:00

Clean Up. Limited activities until  
Parents arrive. Greeting of parents and  
Goodbyes to children.

\* **PA Position Statement:** Children are expected to go outside when the forecast temperature/wind chill are above 25 degrees, the forecast temperature/heat index is less than 90 degrees, there is no precipitation falling, and there is no current air quality alert.