

## **JOB DESCRIPTION PHYSICAL THERAPY ASSISTANT**

### **Job Title: Traveling Physical Therapist Assistant**

**Job Description:** The Physical Therapy Assistant is responsible for providing physical therapy treatments under the supervision of a qualified Physical therapist in accordance with the Plan of Care.

### **Essential Duties and Responsibilities:**

- Performs physical therapy procedures as prescribed by the physician and supervised by a qualified Physical Therapist.
- Under the supervision and direction of a Physical Therapist provides treatment and rehabilitative services to patients who have experienced injury or disabling disease.
- Administers non-complex therapeutic exercises, therapeutic massage, traction, heat, light, cold, water and electrical modalities to clients with relatively stable conditions
- Instructs motivates, and assists clients in learning and improving functional activities
- Teaches basic principles of good posture and body mechanics in relation to changing needs of individuals in all age groups
- Instructs patient and family members on the proper use of assistive devices
- Helps client utilize the resources of their community and family
- Observes client's progress and response to treatment and reports findings to the Physical Therapist.
- Reports changes in the client's condition to the supervising Physical therapist.
- Modifies Plan of Treatment, as authorized by the physician, after subsequent authorization, instruction and supervision by the Physical Therapist
- Prepares clinical notes and progress reports, documenting physical therapy treatments performed, and submits them for review to the supervising Physical Therapist
- Communicates effectively with all members of the interdisciplinary team

### **QUALIFICATIONS/REQUIREMENTS**

Must have solid knowledge of principles and practices of physical therapy. Good written and verbal communication skills, ability to develop good interpersonal relationships with patients, staff and other healthcare providers.

### **EDUCATION and/or EXPERIENCE:**

- Graduate of a two-year college level program approved by the American Physical Therapy Association
- Licensure as a Physical Therapy Assistant in the state of employment
- Minimum one year experience as a Physical Therapy Assistant

**WORK CONDITIONS:**

- Work settings include a variety of healthcare facilities, such as outpatient treatment centers, nursing homes, hospitals and home health clinics.
- Bending, carrying, climbing, lifting, pushing-pulling, reaching sitting, standing, and walking required.

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Employee's name – Print Clearly

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Employee's signature

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Date