

# Family Meeting Agenda

Date:

Time:

Review Family Vision/Mission Statement

Call to Order Question:

What was the best thing that happened to you today?

Review last week's Family Meeting to see if everything was addressed, carried through on, and solved.

**Obstacles of the Week:**

- 1.
- 2.
- 3.
- 4.

**Concerns with others in the Household:**

- 1.
- 2.
- 3.
- 4.

**Ideas for Solutions to the Concerns:**

- 1.
- 2.
- 3.
- 4.

**Goals for the Week:**

- 1.
- 2.
- 3.
- 4.

Signatures from each family member in attendance:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\*\*This Meeting was Reviewed with \_\_\_\_\_ who was not able to attend.

Fun Activity at the End of the Meeting

## GUIDE for the FAMILY MEETING AGENDA:

1. It's important to review the last agenda to reassure that issues are being addressed. This will also allow for the kids to see that parents are hearing the concerns. If there are on-going, repetitive issues that are not being solved, this will let parents know that further brainstorming, consulting needs to be done. We also need a lot of repetition for new ideas to permeate and create new brain connections. Reviewing each week will help the brain connect to new ideas.
2. Family Meetings are primarily about communication. So, everyone in the house should get a chance to speak up and say what is on their mind. Even if they have a conflict or issue with mom or dad, children should be allowed to voice this in a respectful manner.
3. Make the meeting FUN. Use a bean bag to toss for each speaker and when the family member is done they get to choose the next person by tossing the bean bag. Have each person say something great about the person they are tossing the bean bag to.
4. If the meeting gets too lengthy, take a break, and come back to the meeting either after dinner or the next day. Let the family know when the remainder of the meeting will occur.
5. Celebrate success. If a problem was solved over the last week, give a shout out and hoopla to those who contributed to the solution. Praise everyone for working together!
6. Don't give up! Creating a smoothly running family meeting takes time and patience. Be consistent. Try to set the meeting for the same time every week where all the family members attend. I have seen kids complain repeatedly that "mom and dad didn't have the family meeting this week." So, remember that if you give up on it, your kids will too. If you stay with it, so they will and soon they will be using it to communicate more openly with you. That's just Money in the Bank right there!