

# 2009 State Track & Field Meet

## Memorial Stadium - UW-La Crosse ORDER OF EVENTS AND TIME SCHEDULE

### Friday, June 5

7 a.m. - 9:30 a.m. - Divisions 2 and 3 - Coaches and athletes may check-in implements (Discus and Shots), which will be used in Friday's competition  
7:30 a.m. - Divisions 2 and 3 - Coaches may pick up team envelopes  
8:30 a.m. - Stadium open for warm-ups. Division 1 coaches may pick up team envelopes  
9:25 a.m. - Opening Ceremonies

### Divisions 2 & 3 Schedule

#### FIELD EVENTS

9:30 a.m. - Discus - Division 3 Boys (Discus #1)  
Discus - Division 2 Boys begin warm-up immediately after completion of Division 3 Boys (Discus #1)  
9:30 a.m. - High Jump - Division 2 Girls  
High Jump - Division 3 Girls begin warm-up immediately after completion of Division 2 Girls  
9:30 a.m. - Long Jump - Division 3 Girls (Pit #3)  
Long Jump - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls (Pit #3)  
9:45 a.m. - Pole Vault - Division 2 Boys  
9:45 a.m. - Pole Vault - Division 3 Boys  
9:30 a.m. - Shot Put - Division 2 Girls (Shot Put #1)  
Shot Put - Division 3 Girls begin warm-up immediately after completion of Division 2 Girls (Shot Put #1)  
9:30 a.m. - Triple Jump - Division 2 Boys (Pit #4)  
Triple Jump - Division 3 Boys begin warm-up immediately after completion of Division 2 Boys (Pit #4)

Note: Warm-ups - (a) 45 minute break between groups, (b) the final 20 minutes of the general warm-up are exclusively for athletes in the first flight, (c) 20 minutes of warm-ups between flights, and (d) 15 minutes of warm-ups between trials and finals.

### All Running Events Start At 9:30 a.m.

There is no precise time schedule. The first race will begin at 9:30 a.m., and the competition will proceed as indicated in the order of events.

3200 Meter Relay - Divisions 3/2 Boys  
100/110 Meter High Hurdles - Divisions 3/2 Girls/Boys  
100 Meter Dash - Divisions 3/2 Girls/Boys  
1600 Meter Run - Divisions 3/2 Girls  
800 Meter Relay - Divisions 3/2 Girls/Boys  
400 Meter Dash - Divisions 3/2 Girls/Boys  
400 Meter Relay - Divisions 3/2 Girls/Boys  
300 Meter Hurdles - Divisions 3/2 Girls/Boys  
800 Meter Run - Divisions 3/2 Girls  
200 Meter Dash - Divisions 3/2 Girls/Boys  
3200 Meter Run - Divisions 3/2 Boys  
1600 Meter Relay - Divisions 3/2 Girls/Boys

### Division 1 Schedule

1 p.m. - 3:30 p.m. - Division 1 - Coaches and athletes may check-in implements (discus and shots), which will be used in Friday's competition.

8:30 a.m. - Coaches may pick up team envelopes  
3:30 p.m. - Stadium open for warm-ups  
4:25 p.m. - Opening Ceremonies

#### FIELD EVENTS

4:30 p.m. - Discus - Girls (Discus #1)  
4:30 p.m. - High Jump - Boys  
4:30 p.m. - Long Jump - Boys (Pit #3)  
5:00 p.m. - Pole Vault - Girls  
6:00 p.m. - Shot Put - Boys (Shot Put #1)  
4:30 p.m. - Triple Jump - Girls (Pit #4)

Note: Warm-ups - (a) 45 minute break between groups, (b) the final 20 minutes of the general warm-up are exclusively for athletes in the first flight, (c) 20 minutes of warm-ups between flights, and (d) 15 minutes of warm-ups between trials and finals.

### All Running Events Start At 4:30 p.m.

3200 Meter Relay - Boys  
100/110 Meter High Hurdles - Girls/Boys  
100 Meter Dash - Girls/Boys  
1600 Meter Run - Girls  
800 Meter Relay - Girls/Boys  
400 Meter Dash - Girls/Boys  
400 Meter Relay - Girls/Boys  
300 Meter Hurdles - Girls/Boys  
800 Meter Run - Girls  
200 Meter Dash - Girls/Boys  
3200 Meter Run - Boys  
1600 Meter Relay - Girls/Boys

### Saturday, June 6

8 a.m. - 10 a.m. - Coaches and athletes may check-in implements (Discus and Shots), which will be used in Saturday's competition  
9 a.m. - Coaches may pick up team envelopes  
9 a.m. - Stadium open for warm-ups  
10:25 a.m. - Opening Ceremonies

### FIELD EVENTS

10:30 a.m. - Discus - Division 3 Girls (Discus #1)  
Discus - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls (Discus #1)  
12:30 p.m. - Discus - Division 1 Boys (Discus #2)  
10:30 a.m. - High Jump - Division 2 Boys  
High Jump - Division 3 Boys begin warm-up immediately after completion of Division 2 Boys  
High Jump - Division 1 Girls begin warm-up immediately after completion of Division 3 Boys  
10:30 a.m. - Long Jump - Division 1 Girls (Pit #1)  
10:30 a.m. - Long Jump - Division 3 Boys (Pit #3)  
Long Jump - Division 2 Boys begin warm-up immediately after completion of Division 3 Boys (Pit #3)  
Noon - Pole Vault warm-up for Division 1 Boys and Division 3 Girls

1:30 p.m. - Pole Vault - Division 1 Boys  
1:30 p.m. - Pole Vault - Division 3 Girls  
Pole Vault - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls  
10:30 a.m. - Shot Put - Division 1 Girls (Shot Put #1)  
10:30 a.m. - Shot Put - Division 2 Boys (Shot Put #2)  
Shot Put - Division 3 Boys begin warm-up immediately after completion of Division 2 Boys (Shot Put #2)  
10:30 a.m. - Triple Jump - Division 1 Boys (Pit #2)  
10:30 a.m. - Triple Jump - Division 2 Girls (Pit #4)  
Triple Jump - Division 3 Girls begin warm-up immediately after completion of Division 2 Girls (Pit #4)

Note: Warm-ups - (a) 45 minute break between groups, (b) 20 minutes of warm-ups between flights, and (c) 15 minutes of warm-ups between trials and finals.

### All Running Events Start at 1:00 p.m.

There is no precise time schedule. The first race will begin at 1:00 p.m., and the competition will proceed as indicated in the order of events.

3200 Meter Relay (Girls)  
100 Meter High Hurdles (Girls)  
110 Meter High Hurdles (Boys)  
100 Meter Dash (Girls)  
100 Meter Dash (Boys)  
1600 Meter Run (Boys)  
800 Meter Relay (Girls)  
800 Meter Relay (Boys)  
400 Meter Dash (Girls)  
400 Meter Dash (Boys)  
400 Meter Relay (Girls)  
400 Meter Relay (Boys)  
300 Meter Low Hurdles (Girls)  
300 Meter Intermediate Hurdles (Boys)  
800 Meter Run (Boys)  
200 Meter Dash (Girls)  
200 Meter Dash (Boys)  
3200 Meter Run (Girls)  
1600 Meter Relay (Girls)  
1600 Meter Relay (Boys)

Note: (1) All finals on Saturday are to be in this order - Division 3, Division 2, then Division 1.

(2) If high temperatures and/or high humidity occurs, the WIAA with the advice of the State Meet medical personnel may revise the track schedule to have the 3200 meter run be the last event on both Friday and Saturday.

(3) 1600 meter run for Division 1 will be run in two sections. In Divisions 2 and 3 there will be one section.

(4) 3200 meter run for all divisions will be run in one section (per division).

(5) 3200 meter relay for all divisions will be run in two sections with timed finals.

(6) 800 meter run for all divisions will be run in two sections, regardless of the number of athletes competing, with timed finals.