

## RESUME

### PERSONAL

NAME : SELMA ALVAN ZACCHAEUS ( THOMAS )

AGE : 33 yrs

DATE OF BIRTH : 18<sup>th</sup> October 1975

NATIONALITY : Indian

RELIGION : Christian

PLACE OF BIRTH : Chennai

FATHER'S NAME : D.Thomas Thangiah

HUSBAND'S NAME : K. Alvan Zacchaeus

CHILDREN : Danya Alvan – 3 ½ years  
Geona Alvan – 1 ¾ years

PERMANENT ADDRESS : 1<sup>st</sup> floor  
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LANGUAGES KNOWN : English, Tamil, Hindi, Malayalam & German  
(in the order of fluency)

REGISTRATION Nos. : RN 41339  
RM 48109

## EDUCATIONAL QUALIFICATION

QUALIFICATION	YR & MONTH OF PASSING	INSTITUTION	UNIVERSITY / BOARD	GRADE
10 <sup>th</sup> Std.	April 1991	CSI Bain's School, Kilpauk, Chennai 600010	Matriculation	Distinction
Higher secondary	April 1993	-do-	State board	1 <sup>st</sup> class
B.Sc. Nursing	April 1997	Christian Medical College and Hospital, Vellore	Dr. MGR Medical University, Chennai	1 <sup>st</sup> t class
M.A Psychology	May 2001	Distance education	Annamalai University, Chidambaram	2 <sup>nd</sup> class
M.Sc. Nursing	March 2003	Christian Medical College and Hospital, Vellore	Dr. MGR Medical University, Chennai	1 <sup>st</sup> class
Certificate in Essentials of Palliative Care	Jan 09	Indian Association of Palliative Care, Chennai	Indian Association of Palliative Care, Chennai	1 <sup>st</sup> class
Ph.D Nursing	Pursuing Since January 2007	INC & WHO. Study Centre – CMC, Vellore	Rajiv Gandhi Medical Univerity, Bangalore	Undergoing

## OTHER QUALIFICATION

Art & Sculpture : for 2 yrs at school \*  
Hindi : Upto Rashtrabasha  
German : Upto 4<sup>th</sup> semester at the German Consulate in Chennai. ( Max Muller Bhavan )  
Computer : Working knowledge in Windows OS and MS Office

\* trained at Sketching, Calligraphy, Water colour painting, Oil painting, Glass painting, Fabric painting, Sculpturing in clay, Plaster of Paris, Soap and Wax.

## WORK EXPERIENCE

CAPACITY	AREA OF WORK	INSTITUTION	WORK PERIOD
Staff Nurse	Cardio-thoracic ward, Semi ICU and CT ICU	Christian Medical College, Vellore.	June 1997 - May 1999
Tutor / Clinical Instructor	Fundamentals of Nursing	College of Nursing, CMC, Vellore.	June 1999 – June 2000
Asst. Lecturer/ Clinical instructor	-do-	Omayal Achi College of Nursing, Chennai	July 2000 - May 2001
Lecturer	<b>B.Sc. Nursing –</b>  Fundamentals of Nursing / Medical & Surgical Nursing  <b>M.Sc. Nursing –</b>  Advanced Clinical Nursing and Medical Surgical Nursing	- do -	June 2003 – March 2005
Associate Professor / Reader	<b>B.Sc. Nursing – Med.</b> Surg, Nursing Nursing Education  <b>P.C.B.Sc. Nursing –</b> Med. Surg, Nursing  <b>M.Sc. Nursing –</b> Adv. Clinical Nursing Nursing Management Med.Surg, Nursing	Apollo College Of Nursing, Chennai	April 2005  To Till date

**OFFICES HELD**

<b>LEADERSHIP POSITION</b>	<b>YEAR</b>	<b>INSTITUTION</b>
Education Committee representative (SNA)	1993 – 1994	College of Nursing, Christian Medical College, Vellore
Chief Justice Committee representative (SNA)	1994 - 1995	-do-
Fund raising Committee Chairperson (SNA)	1995 - 1996	-do-
President of Student Nurses Association	1996 - 1997	-do-
General Secretary of Staff Nurses Hostel and Member of Social Committee of College of Nursing	1999 - 2000	-do-
SNA Advisor	2000 - 2001	Omayal Achi College of Nursing, Chennai
Coordinator of NSS activities (Blood donation camp) and Inservice education for CCN students at Sundaram Medical Foundation (a tie-up hospital of OACN)	Nov 2003 – till date	-do-
Acting SNA Advisor	Aug 2004 – Mar 2005	-do-
Course Coordinator – 2 <sup>nd</sup> Year B.Sc. (N)	2005	Apollo College of Nursing
Course Coordinator – 2 <sup>nd</sup> Year P.C.B.Sc. (N)	2005 – 2006	Apollo College of Nursing
Course Coordinator – 2 <sup>nd</sup> Year B.Sc. (N)	2006 – 2007	- do -
Course Coordinator – PC BSc.	2007 – till date	- do -
CNE Coordinator and Organising Secretary of International conference on Reflective Nursing Practice	2008	- do -

## CONFERENCES & WORK SHOPS ATTENDED

CONFERENCE / WORKSHOP & EVENT	VENUE	YEAR
Nehru Yuva Kendra – Youth Festival ( One-act-play )	Dist. Level – Vellore State level - Chennai	1994 – 1995
SNA Biennial Conference ( Painting )	State level – Madurai	1994
Nehru Yuva Kendra – Youth Festival ( One-act-play )	National level - Allahabad	1996 – 1997
SNA Biennial Conference ( Painting, Model presentation )	State level - Chennai	1996
45 <sup>th</sup> Indian Association for Thoracic Surgeons Conference. ( Case study presentation of a patient undergoing MVR & PPI as an antenatal )	Bhopal	March 1999
National Conference of the Burns Association of India	Christian Medical College - Vellore	Nov 1999
Workshop on Research Methodology and Bio statistics	Dr. MGR Medical University - Chennai	Nov 2000
Varumun Kaapoam Health Camp (Volunteer)	Chennai	2001 – 2001
Introductory course on Palliative Care by Chennai Association of Palliative Care	Chennai	Nov 2003
Work shop on Clinical Supervision	Omayal Achi College of Nursing – Chennai	Jan 2004
Workshop on Nursing Research	Apollo College of Nursing	June 2005
Seminar on Keyhole Surgeries	Dr. MGR Medical University	April 2006
Workshop on Evidence based Practice	INC and CMC	Dec 2007
Presented a scientific paper on “ <b>Emancipatory Reflection</b> ”	International nursing conference held at Apollo College of Nursing	Dec 2008

## **AWARDS AND PRIZES**

### **ACADEMIC**

B.Sc. Nursing – 3<sup>rd</sup> Prize for Clinical Performance (Paediatrics)

M.Sc. Nursing - Best Clinical Nurse in Medical & Surgical Nursing

### **EXTRACURRICULAR**

I have participated and won prizes in the following events in both school and college levels.

Painting, Face painting, Sketching, Soap carving, Logo designing, Card designing, Cover page designing, Backdrop designing, Rangoli, Making Educational Models, Fashion show (dress designing, make up & stage setting), Hair dressing, Embroidery, Dramatics and Quiz contests.

### **PROFESSIONAL BODIES ASSOCIATED WITH**

Trained Nurses Association ( Life Member ) – 101421

Nurses League ( Christian Medical Association of India) – N16418

Alumni Association of College of Nursing, CMC, Vellore.

The abovementioned details are true to the best of my knowledge.

Yours sincerely,

**SELMA ALVAN ZACCHAEUS (THOMAS)**