

Healthy Living

Height / Weight Charts for Children

The Charts given below indicate the height and weight averages of normally growing children.

Boys

Age	Weight(Kg)	Height(cm)
Birth	3.3	50.5
3 months	6.0	61.1
6 months	7.8	67.8
9 months	9.2	72.3
1 year	10.2	76.1
2 years	12.3	85.6
3 years	14.6	94.9
4 years	16.7	102.9
5 years	18.7	109.9
6 years	20.7	116.1
7 years	22.9	121.7
8 years	25.3	127.0
9 years	28.1	132.2
10 years	31.4	137.5


Girls

Age	Weight(kg)	Height(cm)
Birth	3.2	49.9
3 months	5.4	60.2
6 months	7.2	66.6
9 months	8.6	71.1
1 year	9.5	75.0
2 years	11.8	84.5
3 years	14.1	93.9
4 years	16.0	101.6
5 years	17.7	108.4
6 years	19.5	114.6
7 years	21.8	120.6
8 years	24.8	126.4
9 years	28.5	132.2
10 years	32.5	138.3

To calculate the expected maximum Height to which your Child might grow - [Click Here](#)

These charts are rough indicators. Nutrition, genetics, birth weight and height contribute to the height and weight development in the early years. Therefore there is bound to be variation from the chart provided above. If there is a more-than-20-percent variation seek a doctor's advice.

More details on calculating height and weight of [Infants](#).

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