

Panthera Tigris

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EDUCATION

Master of Arts, Counseling Psychology

May 2015

Bachelor of Science, Psychology, Clinical Specialization

May 2013

Towson University, Towson, MD

Honors College Student, College of Liberal Arts

- Speaker at Towson University's Convocation, Class of 2013
- Psi Chi Psychology Honors Society Member, Towson University Chapter (2011-2013)
- National Resident Hall Honorary Member, Towson University Chapter, (2010-2013)
- LeaderShape graduate of Towson University, Class of 2011
- LeadStrong Half Marathon Finisher, 2011
- GPA: 3.659; Psychology GPA: 3.938

CLINICAL EXPERIENCE

Clinical Intern and Administrative Assistant,

January 2013- September 2013

The Center for Empowered Living, Baltimore, MD

- Observed therapy sessions with Dr. Massey, including couples therapy sessions
- Analyzed sessions under the supervision of Emily Massey, Psy.D. and Thomas Theriault, Psy.D.
- Performed all administrative duties for the business, including marketing, maintaining records, and organizing all papers/handouts

Counseling Intern,

September 2012- May 2013

MedStar Union Memorial Hospital, Baltimore, MD

- Volunteered in the out-patient, dual-diagnosis day program, counseling center
- Trained in how to write up a daily assessment of patients
- Co-led group therapy sessions for patients with a variety of psychological disorders, including specialized treatment of substance abuse and related disorders combined with psychological disorders

Towson University Research Expo,

September 2010- January 2012

Towson University, Towson, MD

- Presented research on the effects of standardized feedback and social comparison with Dr. Justin Buckingham, Director of Experimental Psychology

Clinical Specialization Program in Psychology,

September 2011- May 2012

Towson University, Towson, MD

- Trained in conducting clinical diagnostic interviews, under the supervision of Dr. Bethany Brand, Ph.D.

Research Assistant,

September 2010- May 2012

Department of Psychology Behavioral Lab of Towson University, Towson, MD

- Conducted studies, met with graduate students and other research assistants about progress of studies, and collected and managed data

Counseling Group Leader,

August 2011- June 2012

St. Francis of Assisi School, Baltimore, MD

- Co-led group therapy sessions for one hour a week with 4th grade students to help develop social skills and discuss other areas of interest, such as familial issues
- Supervised and trained on how to write summaries documenting group process and content

- Clinical Test Interpreter and Data Analyst, September 2008- March 2011
Chesapeake Neurology Associates, Prince Frederick, MD
- Interpreted and analyzed behavioral testing data from clinic questionnaires and scoring sheets completed by patients
 - Administered sleep study questionnaires with Dr. Harry Kerasidis, M.D.
 - Formed standardized summaries of the findings for Dr. Tammera Schmalz, Ph.D., to review and analyze for psychological diagnosis

- Counseling Intern, October 2009- March 2010
Barstow Acres Counseling Center, Prince Frederick, MD
- Served as an active listener who sat in on “play therapy” sessions with clients and a licensed therapist
 - Received specialized training in child therapeutic techniques

SCHOOL INVOLVEMENT

- Writing Center Tutor, *Towson University* September 2012-May 2013
- Helped students brainstorm, edit and organize papers for a variety of classes

- Residence Hall Community Center Worker, *Towson University* August 2011-May 2012
- Participated in office management and administration
 - Acted as a resource and referral agent and checked student identification and registered guests

- Orientation Leader, *Towson University New Student Programs and Activities* June 2010-May 2011
- Introduced Towson’s incoming freshmen to the main campus and served as a resource throughout their experience at Towson University
 - Trained in how to provide academic support and connect the students with the community

VOLUNTEER WORK

- Blood Donor, *American Red Cross* blood drives 2008-2013
Youth Leader, *Appalachian Service Project (ASP)* 2006-2012

HONORS, AWARDS

- University Honors College Scholarship 2010-present
Maryland Senatorial Scholarship 2010-present
Dean’s List Fall 2010-Spring 2013
Nation Alliance on Mental Illness: Compassion Award 2013
Outstanding Towson Psychology Undergraduate Student 2013
Optimist Club Scholarship Fall 2012
Marthe Quinotte Memorial Scholarship Endowment Fall 2010