



Weekly Chore Checklist : Part 1

Alternate the cleaning of public and private areas, keeping a more doable cleaning schedule for yourself and your family.

Entryway

- Shake out doormat
- Sweep
- Mop

Living Room

- Recycle old newspaper/magazines
- Dust mantle
- Dust furniture
- Dust picture frames, ceiling fan, lamps, lamp shades and window treatments
- Polish furniture
- Sweep fireplace
- Vacuum floor
- Vacuum under sofa
- Vacuum beneath sofa cushions

Kitchen

- Clean cook top
- Clean inside of microwave
- Clean inside fridge
- Clean sink
- Disinfect fridge handle, microwave handle, other doorknobs in house and phones
- Edit old/expired fridge and pantry contents
- Sweep and mop floor
- Launder kitchen towels and potholders

Create

- Dinner menus for the week
- Grocery list